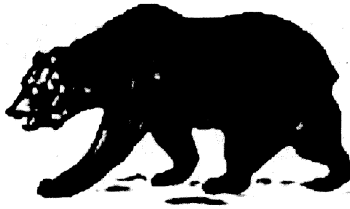


Bear



Facts

Vol. XLIV No. 8

UCSD OCEANIDS NEWSLETTER

May 2006

SPRING LUNCHEON

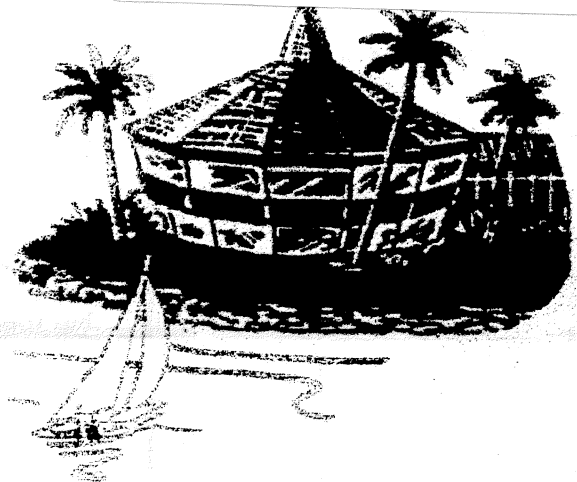
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UC San Diego
Received on: 05-01-06

White sails and azure blue

Are beckoning to me and you.

Come join good friends at the Bali Hai

Enjoy the buffet and the clear blue sky.



Date: Monday, May 22, 2006

Time: 11:15 Social Hour

12:00 noon lunch

Place: Bali Hai Resturant
2230 Shelter Island Dr.
(619) 222-1181

Cost: \$20.00 per person

Special Guest Speaker:

Chancellor Mary Ann Fox

Please see (fill out and mail) reservation form on page 6.

Directions: Take I-5 South towards downtown. Take exit #20 towards Rosecrans Street. Continue on CA 209 for 2.8 miles. Turn left on Shelter Island Drive. Proceed around circle on the island and turn left. The Bali Hai Resturant is on the east end of the island.

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no. 5

OCEANIDS CREW (2005-2006)



BEAR FACTS

is the newsletter of Oceanids, a UCSD campus organization. Published monthly except July, August & September. Letters to the Editor and articles of interest to UCSD are invited.

ALL SUBMISSIONS FOR CONSIDERATION MUST BE RECEIVED BY THE EDITOR NO LATER THAN THE 15th OF THE MONTH FOR THE NEXT ISSUE.

Address all submissions to:

Oceanids/Bear Facts
International Center
9500 Gilman Drive
La Jolla, CA 92093-0049

or, preferably, email to:
oceanids@ucsd.edu *and*
renright@ucsd.edu

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(858) 453-0379

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OCEANIDS ONLINE

<http://orpheus.ucsd.edu/oceanids/>

E-MAIL

oceanids@ucsd.edu
and also email
renright@ucsd.edu

BOARD OF DIRECTORS

(note: all phone numbers are area code 858 unless otherwise noted)

Honorary Chair	Chancellor Marye Anne Fox
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Assistant Financial Secretary	Barbara Penn, Judy Vacquier, Odette Filloux, Molli Wagner
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Corresponding Secretary	
Parliamentarian	
Interest Groups Coordinator	
Newcomers	
Undergraduate Service Awards & Graduate Scholarships	Carol Schultz.....453-0458 Maxine Bloor.....459-7665 Barbara Starkey.....453-0779 Linda Smith.....677-0711 Roswitha Enright.....459-7375 Nancy Dimsdale.....619-255-5533 Betty Shor.....453-0334 Jean Kramer.....453-0379 Elibet Marshall.....459-5246 Maxine Bloor, Laura Galbraith, Ellen Revelle, Elibet Marshall, Carol Schultz, Linda Smith, Lucie Walther, Ilse Warschawski, Liz Wills
Money Books	Candace Kohl.....259-1903
Bus Trips	Carole L. Ziegler.....619-297-0798
Publicity	Ady Rosenblatt.....453-4626 (to be decided)
Bear Facts Editor	Candace Kohl.....259-1903
Assistant Editor	Dyanne McIver.....552-0075
Copy Editor	Maxine Bloor.....459-7665
Circulation Chair	Sallye Krause.....755-3245
Drawings	Barbara Fitzsimmons.....453-5787
Committee	Pat Kampmann.....454-1856 Maxine Bloor.....459-7665 Jean Kramer.....453-0379 Bernie Sisco.....481-1310 Ady Rosenblatt.....453-4626 Barbara Starkey.....453-0779 Mary McIlwain.....454-4857 Maxine Bloor.....459-7665 Molli Wagner.....720-1185 Barbara Starkey.....453-0779
Buildings & Grounds	
Campus Focus Events	
Emeriti Association Liaison	
Alumni Association Liaison	
Friends of Int'l. Center	
Friends of Library	
Friends of Music	
Friends of UCSD Medical Center	
Friends of Theatre and Dance	
Retirement Association	
Historian	
Refreshments	
Sunshine Committee	
Friday Café	
Holiday Party	
Theatre Fundraiser	
Museum Bus Trip	

BOARD MEETINGS: first Thursday every month

Oceanids Pavilion, International Center

Coffee and refreshments: 9:30am

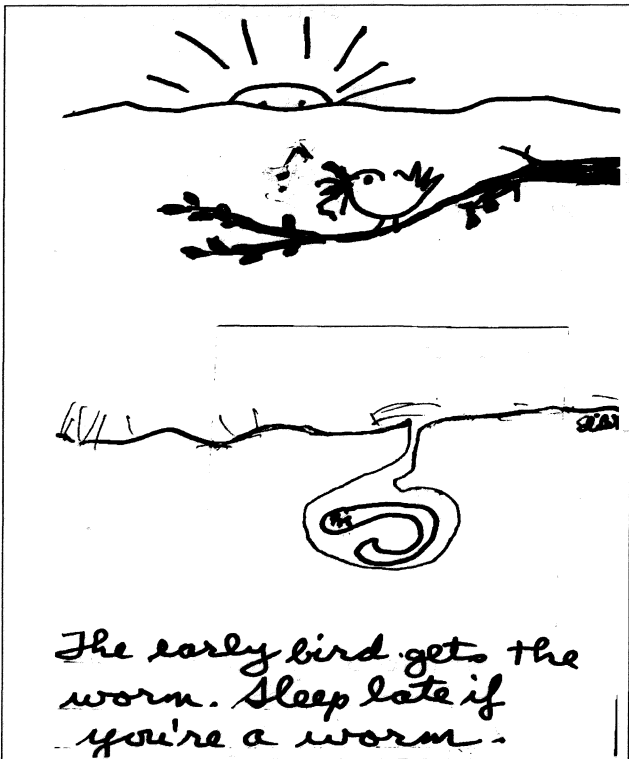
Meeting: 10:00am (You are welcome to attend!)

PRESIDENT'S MESSAGE

Greetings to the Oceanids,

My second term of office is coming to an end. I want to thank the Oceanid Board for being such a cooperative, "with it" group of women. What I enjoyed most was getting together with the Board on the first Thursday of each month to find out what is happening on campus, within our support group, and in our personal lives. I was a bit nervous at first as to how to guide the Oceanids, but it turned out that I looked forward to each Board meeting.

As for accomplishments: I am proud that we have financially supported our service awards and graduate fellowships through our annual theatre party. We worked hard at getting new members and provide lots of opportunities for them to meet our established membership. A public relations group has been formed. Our annual group activities continued: A trip to the Getty, a campus focus walk to see the Stuart collection, our Valentine Friday lunch at the International Center and the Desert Outing. Our Sounding Board has been a success. Our Holiday party has been enlivened with Klezmer music during the past two years. I hope this tradition continues. Our interest groups thrive with enthusiasm. And most importantly, everyone seems to want to carry on with their responsibilities next year. I especially want to thank Roswitha for her continued editing of the "Bear Facts." In other words something seems to be working. It may be that everyone is "doing their thing" and "doing it well."



What will I do with my time next year? I just got back from a quilting workshop at Asilomar with new thoughts on how to interpret color and texture in fabric. My photo excursion to Abiquiu and the Ghost Ranch near Santa Fe taught me how to use my camera. Now I have to experiment with Photoshop computer program. My next challenge is to put together color, texture, and manipulated photo images on cloth. Of course, I will function as Past President and support Oceanids in any manner I can. See you all at the Spring Luncheon.

Jane

SOUNDING BOARD

Please try to come to this very informative and important meeting on a regular basis.

If attendance is too small, Oceanids might lose the right to occupy that room at the Faculty Club. Also, it might discourage prospective speakers to come.

-
- **EVERY 1ST THURSDAY AT 12 NOON.....**
- Oceanids and friends of the university meet at
- the Faculty Club, convene in a specially
- designated room to eat lunch and listen to
- fascinating speakers. You can be sure of a
- lively discussion!
-

After the Board meeting on May 4th join us at the Faculty Club for lunch to hear a talk by:

Dr. Derrick R. Cartwright
Director, San Diego Museum of Art

Topic:
"80th Anniversary of the San Diego Museum of Art and its Future"

Professor Derrick R. Cartwright joined the SDMA on September 4, 2004, as only its seventh director in the institution's 78-year history. Cartwright has received international recognition for his contributions as an educator, scholar, and museum administrator, including a three-year tenure as director of the prestigious Hood Museum of Art at Dartmouth College.

Cartwright was born and raised in San Francisco. He studied art history and graduated with honors from the University of California, Berkeley, and received his master's degree from UCLA. He completed his doctorate degree at the University of Michigan in 1994. He has published numerous articles and catalogue essays on the history of public art in the United States, 18th and 19th century American painting, photography, contemporary art, and Franco-American cultural exchange.

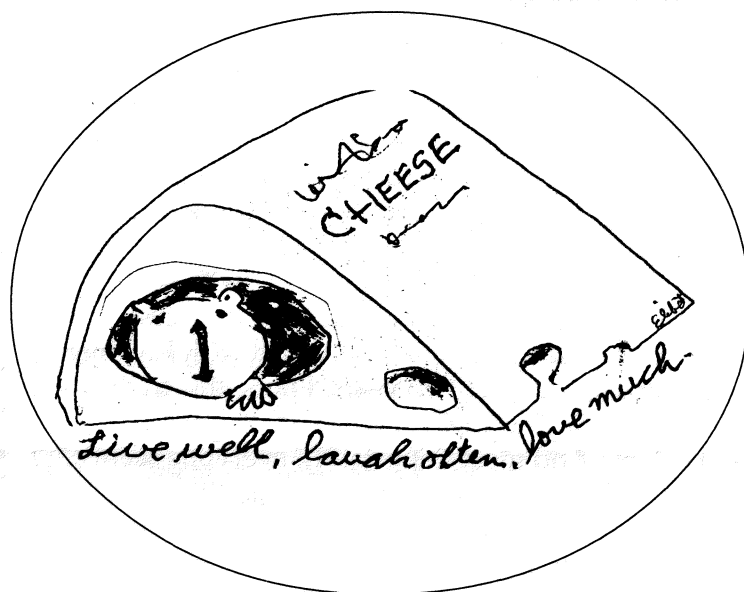
NORTHERN INTERCAMPUS MEETING AT SANTA CRUZ

On Wednesday, March 29, 2006 I spent a lovely day at the UCSC Recital Hall at the Music Center attending the northern intercampus meeting. After our welcome by May Clark, the UCSC Women's Club President and Denice Denton, the UCSC chancellor, we were treated to a few songs from the newly formed UCSC Women's Club Chorus, Fiat Musica. Next, Adrienne Steinacker, a UCSC Astronomy lecturer, spoke on "Worlds in Limbo: Icy Bodies Beyond Neptune". It was a fascinating presentation on the history and politics of astronomical discoveries.

Burney LeBoeuf, Associate Vice Chancellor for Research, spoke on "Life in a Harem: The Female Perspective", results of long term studies of elephant seals revealed multiple strategies consistent with findings in other animals and the harems of the Ottoman Empire. Next on the agenda was "Where's The Money and What Should I Do With It?", a panel presentation with representatives from the four northern campuses, and myself. After I registered for the meeting, May Clark asked if I would like to represent UCSD on the panel and I accepted. From the presentations I learned that all the campuses are close in the amount of funds they raise. For instance, dues for three of the northern campuses range from \$22-25. UCSF dues are \$40. Berkeley does offer both single dues for \$25, and couples dues for \$30. UCSF throws a Phantom Ball every year. Invitations are sent out to a ball that requires no gown, makeup, baby sitter nor leaving home. All that is required is a donation to their scholarship fund. Another club, I think it was UC Davis threw a no-frills tea party. Club members are sent an envelope with a tea bag and request for a donation to the scholarship fund. UCSF has also started charging a \$50 fee for listings in their newsletter for housing for rent sabbaticals. This has brought in several thousand dollars. Other fundraisers at the campuses included an Antique Extravaganza at Berkeley and home tours. Besides raising funds for scholarships and fellowships, UCSF and Davis also have loan funds. That money is loaned to students on a short-term basis. Since the funds revolve as loans are repaid, the funds for that remained consistent once they reached a certain level. The panel discussion was followed by lunch, where I was able to continue the discussion with the panel members. They were very impressed by the number of Interest Groups in the Oceanids. Following lunch there was a wonderful concert performance of Schubert's Piano Trio in E-Flat Major by very talented science students at UCSC. It was a very special treat.

The closing presenter was Frank Zwart, Associate Vice-Chancellor, Physical Planning & Construction spoke on Building UC Santa Cruz, "A Whirlwind Tour of the UCSC Campus and Its History". Despite the rain, it was a delightful, entertaining and informative day, and I hope to return next year. I invite more Oceanids to join me. It also made me wish that the southern campuses were still meeting; perhaps we can revive the annual meetings, but limit it to the southern UC Campuses.

Barbara Bank



The Nominating Committee presents its Slate for the UCSD Oceanids Board 2006 - 2007

President:	Barbara Bank
1st Vice-Presidents:	Margaret Acampora, Judy Skelton, Mary Dashen
2nd Vice-President::	Gail Fliesbach
Recording Secretary:	Sylvia Bal Somerville
Ass't. Recording Sec'y:	(to be determined)
Treasurer:	Estelle Shabetai
Financial Secretary:	Mary McIlwain
Ass't. Financial Sec'y:	Kim Signoret-Paar
Nominating Committee	Judy Vacquier (continuing), Glenda Rosenblatt, Laurette Verbinski, Diana Vines (alternate)

Submitted by Judy Vacquier,
Nominating Committee Chair

The new slate will be voted on at the Spring Luncheon

Almost 20 Years ago...

June, 1986

SEEING HALLEY'S COMET

I have seen Halley's Comet twice. When I was twelve years old, I lived in a small town in western Kansas. One night, I recall, my father awakened me and led me outside.

It was very dark as there were no street lights to interfere. Across the road just he pointed out a strange sight - Halley's Comet. I can't remember that my father spoke about it before or after, and it was not discussed in school nor among my playmates. So my memory is a true one and not recalled from hearing about it.

I again saw Halley's Comet on last November 10th. A report of the Comet said it would be visible at 9:30 pm in the south-east at a 950 degree angle near the constellation of the Pleiades. Now that is one of the constellations I can recognize. So I stepped out into the patio. The air was very clear. I lifted my binoculars above the canyon wall just about 950, and located the Pleiades. Yes, there it was, a round fuzzy-looking ball, not as in 1910, "a bright star with a long tail."

Frieda Urey

Editor's note:

Last month's "Almost 20 years ago..." about Terry Allen's "Talking Trees" was written by Evelyn Lakoff

"West Meets East"

A Display of Chinese Brush Paintings

Eva Armi and Ann Lyle Van Atta invite you to their sale of Chinese Brush Paintings, small matted and framed paintings and note cards, on display at:

UCSD Faculty Club: Mar. 27 - May 14

SW Community College: Feb. 22 - May 14
(900 Otay Lakes Rd, Chula Vista)

GREAT RESOURCE FOR OUR RETIREES

The UCSD Health Care Facilitator Program seeks to improve the communication and service UC faculty and staff (INCLUDING RETIRED FACULTY AND STAFF) receive from their medical plans.

Participants may receive confidential assistance in the following areas:

- o Billing Issues
- o Medical Care Accessibility Problems
- o Customer Education regarding Medical Plan Coverage Eligibility
- o Benefit Coordination with Medicare and other plans
- o Referral Services

Cost: The program is offered at *no charge* to eligible participants.

For information contact Wilma Westmoreland, UCSD Health Care Facilitator at 858 534-2817, located in the UCSD Benefits office, 10280 North Torrey Pines Road, Suite 270

Please call to make an appointment

OCEANIDS IS OPEN TO ALL WHO ARE INTERESTED IN UCSD

Print your name as you would like it to appear in the OCEANIDS DIRECTORY. Check here if you don't want to be listed: _____

Name: _____ Spouse's Name: _____

Address: _____

City, State, Zip: _____ Type of Membership: _____

Home Phone: _____ Work Phone: _____

FAX #: _____ Email: _____

ANNUAL MEMBERSHIP: \$25 (Check payable to OCEANIDS - not tax deductible)

SUSTAINING: \$250 & LIFE MEMBERSHIP: \$500 (Check payable to UCSD FOUNDATION - tax deductible)

Send check(s) & completed form to:

OCEANIDS, INTERNATIONAL CENTER, 9500 GILMAN DR., LA JOLLA, CA 92093-0049

Sad Note for all who knew them:

**Memorials and Gifts to Oceanids
January 1, 2006 through March 31,
2006**

National Charity League (Irene Lowe)
In memory of Rix Reinecke

Femi Paar
In memory of Rob Paar

Sonia and Robert Hamburger
In memory of Rob Paar

Bernadine Sisco
In memory of Jean Lindsley

Adriana and John Seisma
In memory of Rob Paar

Ruth Stern
Gift to Oceanids General Projects

All gifts and memorials are tax deductible
when written to "UCSD Foundation--
Oceanids"

Mary McIlwain, Financial Secretary

Verna Loy died 28 March 2006 (born 7 Feb. 1926). Her husband, William (died 1999) was an architect, first in his own office and then for some time in the Planning Office at UCSD. In those years Verna was a member of Oceanids, and with Bill enjoyed the wine-tasting group. Verna managed the bookstore of the San Diego Museum of Contemporary Art for many years.

Monique Murthy died 8 April 2006. She and her husband Rama came to Scripps Institution in the 1950s, and later went to Minnesota. After their divorce Monique returned to live in the house she owned on Poole Street in La Jolla. There she created a very attractive garden.

Betty Shor

Oceanids,
as you know I am always in need of contributions to our newsletter. Maybe I can encourage you to write by making some suggestions of a topic? For example:

- o A short portrait of a person I very much admire (living or dead)
- o My most disastrous travel experience
- o A kindness I will never forget
- o A funny (haha or strange) experience
- o The most memorable day in my career
- o What made me come to the USA? How did I/we adjust?
- o San Diego - pet peeves and delights
- o My favorite pet story

Thanks for considering writing. If every one of us would send only one contribution.....

your editor

Reservation Form for the Spring Luncheon
(must be received by May 15, 2006)

Name: _____

Name of Guest: _____

Telephone Number: _____ Buffet _____ Vegetarian _____

Enclosed is my check for \$20.00 per person made payable to Oceanids:

Send reservation to: Judy Skelton
445 Sea Lane
LaJolla, CA 92037
(858) 456-0830

OCEANIDS' INTEREST GROUPS

Interest Groups are the backbone of our Oceanids organization. They are here to meet the many varied needs of UCSD families, especially those new to the UCSD campus and the community. If you don't find an activity you would like to participate in, please contact Carole Ziegler, Interest Group Coordinator (619) 297-0798. If five or more Oceanids wish to start a new group, please let Carole know so we can inform other members. All we ask is that your members be Oceanids. If you are not yet a member of Oceanids, please consider joining us by calling Gail Fliesbach (858) 270-5536 or by submitting the application form in this issue.

AVI SET BIRDERS

Contacts: Sidney Bagley (858) 455-1477, Lou Bowles (858) 755-7102, or Joany Mosher (858) 454-0017

Our birding group meets promptly at 8am the second Monday of each month during the academic year. The La Jolla group will meet at the corner of Dunaway Dr. and Glenwick Dr. in La Jolla. The North County birders will meet at the home of Lou Bowles, 13040 Caminito Mar Villa, Del Mar. We will carpool from these locations to sites around the county. Members will be called.

Next outing: May 8

BOOK GROUP

Contact: Tobe Rothaus (858) 551-8083 or Janet Goff (760) 753-3472
Our meeting on **May 9th** at 9:30 am will be at Ruth Stern's: 2705 Bordeaux Ave., La Jolla, (858)453-2793. We will have a leaderless discussion of "Pearl S. Buck: A Cultural Biography" by Peter Conn.

Next meeting May 9

CAFÉ ESPAÑOL

Contact: Judy Vacquier (858) 459-7834

La próxima reunión de Cafe Español será el miércoles, 3 de mayo, 1:00-3:30, en la casa de Miki Pappone, 1865 Soledad Ave, La Jolla, un poco temprano para una comida y fiesta. Favor de contestar a Miki (858 459 5864 o mail to :mikip@san.rr.com si puede venir y para decirle que puede llevar.

Next meeting: May 3

CAFÉ FRANÇAIS

Contact: Hulya Saygin (858) 350-8081 ou Diana Vines (858) 459-8248
La prochaine reunion du Cafe Francais aura lieu chez Pat Stone, 7025 Via Valverde, La Jolla, le mercredi 10 mai de 13 heures a 15 heures. Il n'est pas necessaire de telephoner a Pat pour lui dire si vous pouvez venir mais elle espere vous voir toutes. A bientot!

Next meeting: May 10

CINEMA SOIRÉE

Contact: Laurette Verbinski (858) 453-4699 or Roswitha Enright (858) 459-7375

We meet on the second Sunday of each month at 7:00pm for socializing; movie discussion starts at 7:30pm sharp. For more information call Laurette or Roswitha.

Next meeting: May 14

DAY BRIDGE

Contact: Barbara Bank (858) 484-4597 or barbara@sdnal.ucsd.edu

We meet the first and third Tuesdays of the month at various members' homes. We start at 10am and usually end at 3pm. Everyone brings her/his own lunch. The hostess will provide drinks. Call for information.

Next meetings: May 2 + 16.

DEVILISH DINERS

Contact: Mary Dashen (858) 457-4631, fax (858) 457-4371, or mdashen@san.rr.com

I am going to Siberia, Korea, and Japan from Feb. 23rd to March 27th. If anybody has anything wonderful that they would like to do for May, please let Mary know.

Next meeting: to be decided

ENVIRONMENTAL CONSERVATION BOOK GROUP

Contact: Judy Vacquier (858) 459-7834 or jvacq@sbcglobal.net

The next meeting is Thursday, June 22. We will read "Twilight of the Mammoths" by Paul S. Martin, presented by Dick Rosenblatt. Bring lunch at 11:30, discussion starts at 11:45 till 1:00 in the Birch Aquarium at Scripps conference room.

Next meeting: June 22

EVENING BRIDGE

Contact: Barbara Bank at (858) 484-4597 or barbara@sdna1.ucsd.edu

The couples Evening Bridge Interest Group meets at 7:30pm on the fourth Saturday of the month all year long at one of our members' homes. If you wish to play on a regular basis, or just occasionally, please contact Barbara Bank.

Next meeting: May 27

GARDENING GROUP

Contact: Mary Lynn Hyde (858) 488-9283 or mlhyde@san.rr.com

If you are interested in assuming leadership of the Gardening Interest Group, contact Mary Lynn Hyde for more information.

Next meeting: to be decided

GRACIOUS AGING

Contact: Elibet Marshall (858) 459-5246

This group has an age requirement. You must have lived 80 years to participate!

We meet on the first Monday of the month from 11am- 2pm at the home of Ellen Revelle to discuss a variety of subjects. Bring your own apple (lunch). Pure spring water is provided.

Call Elibet for details.

Next meeting: May 1

*Report from the
Gracious Aging Group:*

Growing old is mandatory;



growing up is optional.

HIKING IN AND AROUND SAN DIEGO COUNTY

Contact: Roswitha Enright (858) 459-7375

We meet at 8:30am on the second Saturday of each month (October to May or June) at the La Jolla Village Shopping Center parking lot and carpool to the starting point of the hike. Bring a lunch, plenty of fluids, sturdy shoes and sun protection! Friends and family are invited. Call the week before the hike if you would like to come.

Next hike: May 13

LA JOLLA RENAISSANCE SINGERS

Contact: Bill Propp at (858) 459-2019 or wpropp@ucsd.edu

The group meets **every Wednesday** at a home in La Jolla. Call Dr. Propp for the address. The LJRS (formerly the UCSD Madrigal Singers) has existed for more than 40 years as an Oceanids activity group. Directed by History and Judaic Studies Prof. William Propp, the choir of about 25 performs throughout the San Diego area in period costume. Experienced choral singers (especially men!) are encouraged to contact Dr. Propp to arrange a visit and/or audition.

MOVEABLE FEAST I

Contact: Liz Fong Wills (858) 454-6858

This dining-out group is currently at capacity but we are taking a wait list.

Next meeting: contact Liz Fong Wills

MOVEABLE FEAST II

Contact: Shirley Babior (619) 542-0536 or Babior@earthlink.net or

Mary Cutchin (858) 459-8074 or marycutchin@hotmail.com

This new group will meet on the third Sunday of each month.

Contact Shirley Babior or Mary Cutchin to join our group.

Next meeting: May 21

MUSEUM GROUP

Contact: Carol Schultz (858) 453 0458 or Sally Kroll (858) 459-1322

Museum outings are on an occasional basis. All Oceanids are invited to join.

Next meeting: check Bear Facts Newsletter each month

PEOPLE-TO-PEOPLE

Contact: Carole Ziegler, (619) 297-0798 or cziegler@sandiego.edu

Instead of a May meeting we will join Oceanids at their annual luncheon. We will plan on sitting at a table together.

Contact: Carole L Ziegler 619-297-0798

Next meeting: May 22

PIANO AND CHAMBER MUSIC SOIREE

Contact: Judy Vacquier (858) 459-7834 or jvacq@sbcglobal.net

This new interest group has started up beautifully. This is for amateurs who need a motivation to practice and want to perform in a relaxed, fun setting among friends. We also welcome chamber instruments and voice. We meet the fourth Sunday at 7:30 pm. Call for next meeting place May 28. Please email or call to RSVP.

Judy Vacquier 858-459-7834 or jvacq@sbcglobal.net.

Next meeting: May 28

SOUNDING BOARD

Contact: Molli Wagner (858) 720-1185

Hear a talk by Derrick Cartwright, Director of the San Diego Museum of Art, Balboa Park

Next meeting: May 4

STAMP GROUP

Contact: Betty Shor (858) 453-0334

We do not meet on a regular basis, but welcome other collectors to join our informal exchange. Even though the group is small, please continue to send your used stamps to the chairman

Next meeting: contact Betty Shor

WALKING GROUP

Contact: Judy Vacquier (858) 459-7834 or jvacq@sbcglobal.net

This interest group encourages fitness and friendship by walking with other Oceanids in your neighborhood. You decide the time and route. Contact Judy Vacquier at jvacq@sbcglobal.net or 858 459 7834 for a list of walkers in your neighborhood. Areas: North La Jolla/UCSD, Mt Soledad/South La Jolla, Del Mar, University City, Pacific Beach, North County, Poway, Mission Hills, and El Cajon.

Next meeting: depends on individual schedules

WEDNESDAY COFFEE

Contact: Emily Stowell (858)481-7938 or Mary Bailey (858) 755-6813

Come join our social group of Oceanids, newcomers, postdocs, students, and their children for refreshments at the International Center **every Wednesday, 10am-12 noon**. You'll make friends and learn strange and wonderful American customs. Visit the Kitchen Exchange where newcomers can rent kitchen, household, and baby equipment for a small fee. For more information, contact Emily Stowell or Mary Bailey.

WINE TASTING I

Contact: Pat Kampmann (858) 454-1856

Exploring the taste sensations of a new wine or an old vintage, this group meets the third Friday monthly. Members rotate as hosts. However, this group is currently at capacity. For questions, contact Pat Kampmann.

Next meeting: May 19

WINE TASTING II

Contact: Barbara Scholz (858) 350-6014 or bscholz@hotmail.com

We meet monthly. Members rotate as hosts. The cost for wine and food is shared among the people attending (approximately \$8.00 per person). Please call contact person for information.

Next meeting: contact Barbara Scholz

WITS I

Contact: Pat Kampmann (858) 454-1856

This long-time investment group allows one to learn and earn on one's own. Procedures are followed to analyze stocks before they are bought. A regular monthly investment is required along with a "buy-in." At present, there are a few places open. We meet at the Oceanids Pavilion on the 4th Tuesday of the month all year long from 1:30pm-3:30pm.

Next meeting: May 23

WITS II

Contact: Joanne Meredith (858) 270-5795

WITS II meets the 4th Wednesday of the month at various members' homes all year long. We study companies using the NAIC stock investment guides in order to increase our financial understanding and competence. Come visit us!

Next meeting: May 24

Half WITS

Contact: Liz Fong Wills (858) 454-6858

Unlike Wits I and II, the Half Wits don't buy stocks. We discuss financial and investment topics informally covering subjects ranging from longterm care insurance to pension options, as well as stocks and bonds. Our philosophy is, "There are no dumb questions." We usually meet on the 3rd Thursday of the month in the Oceanids Pavilion. Pat Kampmann and Eleanor tum Suden are our guides through the financial jungles.

Next meeting: May 18

The Joy of Houseguests

Many years ago when I asked my mother-in-law why she and Dad would not come for a visit from Long Beach for more than 3 days, she replied: "Guests are like fish. After three days fish begins to smell." I was, at the time, somewhat taken aback, I remember. But if I would like them to, why wouldn't they? Were they not comfortable at our house? Later I found out that they themselves did not like houseguests for longer than a couple of days. It was too much of an interruption in their daily lives, too much work, too much entertaining.

The people who know me are aware that I -or before my husband's death- that we have and had a lot of houseguests. And since many of them come from Europe they do not come just for a couple of days but for a couple of weeks at least. So here are a few ways how I deal with my company:

RULE # 1

Do not let people come whom you do not know and/or whom you do not really, really like. Simply say, it is not convenient, you are busy, have other guests, won't be there, etc. Be brave! An exception may be very close relatives, i.e. parents or siblings. If they want to extend their stay to a for-you-unreasonable time, be firm and say, that longer than is too much for you, you have your routine, you can't handle having even the nicest guests for more than....., and then stick to it.

But let's say your prospective visitors are really good friends (and you also know the spouses well and like them also!! I once had the unfortunate experience in the very beginning of my life here, that a lovely friend of mine wanted to come for 4 weeks. I did not know her husband well and let them come. Her husband was a know-it-all, arrogant and overbearing, and I swore that I would never do that again. So know the accompanying partners well!). But let's say you are really looking forward to their visit:

RULE #2

Make them independent. Loan them your car (after a trial drive), or let them rent a car, give them a city map, a public transportation map, write a list of things they can do in San Diego in one day, and a list of sights they can visit with a car in a couple of days. But let's say they want to hang out at the beach, or lounge on your patio and get that special La Jolla tan, show them where the beach towels are and the boogie boards, show them the nearest way to the beach on the map and let them do their own thing. Put up the lawn chairs in the patio and let them be.

Very important: Give them leave to use the items in your refrigerator, let them get their own drink if they are thirsty, their own pretzels or sandwich, if they are hungry (you have shown them where the glasses, the plates and the silverware are). Believe me, it will make life a lot easier. I usually make the breakfast and we have dinner together (either I cook, or they cook, or they take me out), but for lunch everyone is on his own. Most guests like the independence, feel less of a burden and like you for it. But beware! Too much help can be confusing. That brings us to

RULE #3

Do not let them put away the dishes from the dishwasher unless they know every nook and cranny of your kitchen. Otherwise you may have to look for that special sieve or spaghetti server for the rest of your life. Do not let them fill and start the dishwasher and the washing machine on their own if it bugs you to waste electricity and have the machines run half-full. If they want to cook, great, but have them check with you what they need, otherwise you might end up with too many jars of that special mustard or bottles of peanut sauce or balsamic vinegar of which you have already plenty left over from the guests before. And finally, here is

RULE #4

Enjoy your guests. Go with them on the outings if you have the time. It is great for them to have someone along who knows her way around. Don't worry about order in your household for the time they are there. You will have time to be a neatnik again when they are gone. Take things in stride, but if some things bother you, tell them as soon as possible.

Let them spoil you. Let them cook, vacuum, mow the lawn (say quietly at breakfast, I guess I will have to work in the yard today; and when they ask, can I help, let them), let them go grocery shopping, allow them to pay for the wine or the expensive steak they are longing for. Let them set the table and clean up (if they are a little slow in that department, get up from the table and say you have to check your e-mail and it would be great if they could clear the table. They will catch on quickly.)

Most of all have fun with your guests.

Warning: if you have problems delegating, giving up control, changing your daily routine, maybe you should really treat your guests as fish.

Roswitha Enright



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7	Avi Set Birders 8	Book Group 9	KitX Wed. Coffee LJRS Café Francais 10	11	12	Hiking 13
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Moveable Feast II 21	SPRING BRUNCH 22	WITS I 23	KitX Wed. Coffee LJRS WITS II 24	25	26	Evening Bridge 27
Piano and Cham- ber Music Soireé 28	29	30				

Bear Facts

Month: May

Year: 2006



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