

Volume XLII No.5

Bulletin of UCSD OCEANIDS

February 2004

2004 is a Leap Year!

So, leap to the chance of a lifetime!

Participate in the **February Focus Event** :

A Free tour of Scripps Institute of Oceanography

Saturday, February 28, 2004

(Meet at Rose Garden adjacent to the Director's Office at 1 p.m.)

(Rain that is more than a drizzle will cancel the tour)

1:15 p.m. Brief Orientation by Lanna Cheng Lewin

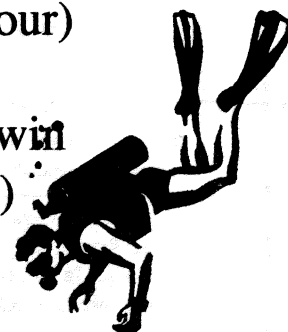
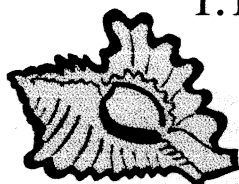
1:30 p.m. Tour of Pier with the Dive Officer(s)

2:30 - 4:30 Visit three collections:

Fish Collection with Curator Phil Hastings

Invertebrate Collection with Collection Manager Larry Lovell

Geological Core Collection with Curator Dick Norris



See much more information on page 3 of the newsletter



Please make advanced reservations by calling Liz Fong Wills at 858-454-6858 or e-mailing Georgina Sham at gbsham@san.rr.com

Much walking is involved and schedule is very tight. If you cannot walk uphill at a brisk pace, this tour is not for you, as it will be impossible to drive from site to site, and a partial tour is not available. Only children with great interest should attend--there will be no touching of specimens.

Parking may be available with no time limit on the East side of La Jolla Shores drive, and on the streets in the neighborhood where there is no time limit on week-ends. If you wish to use the SIO parking lots, you must buy a special parking permit in advance for \$3. Please order these by calling Liz before Saturday February 21 (regular campus parking permit is not sufficient). Please car pool if possible as the UCSD Shuttle Bus does not operate on week-ends.

**BEAR FACTS**

is the newsletter of Oceanids, a UCSD campus organization. Published monthly except July, August & September. Letters to the Editor and articles of interest to UCSD are invited.

ALL SUBMISSIONS FOR CONSIDERATION MUST BE RECEIVED BY THE EDITOR NO LATER THAN THE 15th OF THE MONTH FOR THE NEXT ISSUE.

Please address all submissions to:

Oceanids/Bear Facts
International Center
9500 Gilman Drive
La Jolla, CA 92093-0049

or better still to:
oceanids@ucsd.edu and
renright@ucsd.edu

Circulation:
Jean Kramer 453-0379
Liz Wills 454-6858
Isabel Wheeler 362-5732

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Maxine Bloor 459-7665
Jean Kramer 453-0379

Judy Vacquier.....459-7834
Ady Rosenblatt.....453-4626
Barbara Starkey453-0779
Ady Rosenblatt.....453-4626

**BOARD MEETINGS first Thursday every month at the Oceanids Pavilion,
International Center, 9:30 AM social, 10:00 AM meeting
You are welcome to attend!**

President's Message

Dear Oceanids,

In addition to our regular Interest Group meetings, there are several special activities in February. Don't miss Dr. Richard Atkinson's presentation at Sounding Board February 5. If you haven't ever attended Sounding Board, this would be a good one to attend. Besides being married to distinguished Oceanids member Dr. Rita Atkinson, he is also an esteemed former UCSD Chancellor and immediate past President of the University of California. With the current state budget crisis, his talk "Prospects for UC" should be very interesting. Barbara Starkey will once again direct the preparation of Friday Café on February 13, with a Valentine's Day theme. Please help prepare and serve if you can. Also, see elsewhere in this issue for information about our Campus Focus event, organized by Carole Ziegler, which will include a tour of Scripps Institution of Oceanography. It astounds me that many people in San Diego don't realize SIO is a department of UCSD! I hope to see you at one or more of these activities.

Since I started back to work as a consultant for a local biotech company in September (I am director of clinical trials, screening a large fraction of the blood supply for AIDS, hepatitis and West Nile Virus, among other things) I am having to make difficult choices and sometimes have not been able to attend some of my favorite Oceanids functions. It gives me a renewed appreciation for all our busy Oceanids members who are juggling family, jobs, school, community service, exercise, and trying to find time for friends and having fun. If this sounds like you, remember that Oceanids is ready to welcome you, whenever you can make time to join some of our activities, now or in the future.

Best wishes, Judy Vacquier



FRIDAY CAFÉ catered by Oceanids

Every year as a service to the University, Oceanids sponsors a lunch at Friday Café at the International Center. This year we are making lunch for the students on Friday, February 13th. If you would like to join us in the preparation and the serving of the lunch, come at 9 a.m. and help. We are serving papaloulous, honeymoon salad, apple crisp, and chocolate kisses. (It's Valentines!)

February Focus Event



A Tour of Scripps Institution of Oceanography for Oceanids and Oceanids Newcomers

On Saturday afternoon, February 28, we will meet in front of the Nierenberg Rose Garden adjacent to the Director's Office for a free tour of some of the most fascinating features of SIO, not open to the public. If uncertain about the exact location of the Rose Garden, please check the UCSD website for the SIO map: http://www.sio.ucsd.edu/about/directory/map_of.cfm

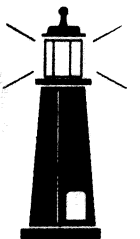
At 1:15 pm sharp, Lanna Cheng Lewin will give a brief orientation. At 1:30, we will tour the Pier with the Dive Officer(s). From 2:30-4:30, we will visit three collections of preserved specimens: the almost 100 year old Fish Collection with Curator Phil Hastings, the Invertebrate Collection with Collection Manager Larry Lovell and the Geological Core Collection with Curator Dick Norris.

Much walking is involved in this tour and the schedule is very tight. If you cannot walk uphill to the Core Lab at a brisk pace, this tour is not for you. Sorry, but it will not be feasible to drive from site to site, nor will it be possible to tour the pier only. Note that rain (but not drizzle) will result in cancellation of the tour.

Free parking (without time restrictions) is available near SIO on the East side of La Jolla Shores Drive. (The West side of La Jolla Shores Drive has a one hour time limit.) Additional parking is available on the streets of the residential area just South of SIO and there is no time limit on weekends. If you wish to use the SIO parking lots, you must buy a special parking permit in advance for \$3. It must be ordered by calling Liz by Saturday Feb. 21 and can be used at the lot at the beginning of El Paseo Grande (nearest the Rose Garden). Regular (upper campus) UCSD parking permits are not sufficient---you must have an SIO sticker too! Please consider carpooling as the UCSD Shuttle Bus does not operate on weekends.

You must make a reservation for the tour by Monday Feb. 23. We will not provide refreshments, but you may bring your own drink/food to consume while walking outside the buildings. This is a tour for non-scientists, but not really a tour for children: supervised and interested children are welcome, but with the understanding that NO TOUCHING IS ALLOWED!

For additional information or reservations, you may call Liz Fong Wills at 858 454-6858 or email Georgina Sham: gbsham@san.rr.com.




PEOPLE TO PEOPLE REPORT

On January 3 we joined the United Church of Christ in La Mesa, as we have done before, in a visit to El Hogar orphanage at San Antonio de los Minos just east of Ensenada. Sherry Bloom and son David, Liz Fong Wills, Edie Nierenberg, Vel Malmberg, and Carole Ziegler enjoyed themselves immensely as the children put on a program to celebrate the feast of the Three Kings. Gifts were brought, lunch provided (with Liz, of course, immediately setting to work dicing and slicing, while others helped the youngest keep their hot dogs on their plates and not the ground), and scholarships for the high school students handed out. It is not too late, by the way, to send a check to Jean Kramer written out to People-to-People towards the scholarship that we provide. Only \$250 will get one child to high school. It has been great to see the children develop goals over the years. Now nurses, lawyers and others are products of this orphanage. Due to new Mexican laws, two orphanages were closed and El Hogar went from 40 to 80 children. Thanks to various churches and volunteers new dorms have been built, so we had tours of the new facilities. One of the former students has become a master tiler and he showed off his tile work in the new girls' bathroom that we all thought could easily have been found in a palace.

One of the striking things when we visit this orphanage is how happy and loving each of these children are. Edie almost had to take one home with her. We finished the day by visiting the L.A. Cetto winery in the Guadalupe Valley as we made our way slowly back to San Diego via Highway 3 instead of the toll road. The wine was excellent and the wait at the border was only 20 minutes.

We always welcome anyone who would like to join us in our activities and hope you will join us in February to get to know Hulya and her country.



The Emeriti Association presents:

On February 18 at 4 p.m. Jonathan Saville will speak about "Character" in the Davis-Riverside Room at the Price Center.

Attention Sounding Board Attendees!

Be sure to attend the Sounding Board on **February 5, 2004** at the Faculty Club after the board meeting.

Speaker: Richard Atkinson

More info page 6

Mar 4 speaker is Donna Frye, the "City Council Maverick" (6th District City Councilwoman). She is a refreshingly different representative who works unceasingly for the people she represents, not for her own political advancement.

In order to get the room for the lectures without cost we had to promise that the people who attend the talks will purchase their lunch (all you can eat and drink, including dessert for 10 bucks!!) at the Faculty Club. If you are a member of the F.C., you can pay at the door to the dining room. All non-members please pay Jean in the meeting room. The lunch should only be eaten in the meeting room, not in the dining room, please.

COINCIDENCE

On my daily walks I have noticed hub caps lying near the road but paid them little attention. A while ago while walking along Torrey Pines Road near Princess Street I saw a shiny hub cap decorated with three colorful escutcheons [a defined area in the shape of a shield. The Ed.] For no good reason, I picked it up and carried it along Coast Walk and then Coast Boulevard, wondering what I might do with it; maybe give it to a grandchild to hang on the wall. I then switched to Coast boulevard South where I rarely walk. I decided to try to find out what make car the hub cap belonged to. After Hondas, Toyotas, Mercedes I saw the three escutcheons on the hood of a Buick. At that moment a woman came out of a nearby house and entered the car. I circled it and sure enough a hub cap was missing on a rear wheel. I tapped on her window and showed her my find. She did a double-take and said that she had noticed the loss the day before, and now was ready to return home up North. I said that this was what may be called a fabulous coincidence and she thought it could be an answer to a prayer. I said you did not really pray for it, did you?

We laughed and she took off. Timing is everything!

Carl Hirschfeld (husband of Oceanid Clare H.)



Our trip to Cuba, 8-19 December 2003

[Lanna Cheng and Ralph Lewin also went to Cuba. Since we had quite a thorough account of the Shabetais' trip in the last newsletter, we chose to pick some parts of the Lewins' travels to add to it. The Ed.]

Cuba was very different from most of the countries we have visited so far. We went there on a 12-day study tour organized by Elderhostel and the Center for Cross-Cultural Study.

.....Wherever we went, at every meal but one, there were musicians playing Cuban music. Most of them were too loud for our liking but some groups were really good and we bought several CDs (at US\$10-15 each) from them. This is apparently one of the ways for the musicians to make a living and earn US dollars - and they do make good livings! Ordinary citizens earn the equivalent of US\$15-30/month (US\$1 = 26 pesos). Pesos are used in local stores and markets, where things are fairly inexpensive, but there were very few things to buy, many shelves were rather empty. We were told that an average Cuban family would spend 90% of their earnings on food, the rest on clothing or other household items. In order to buy anything else they would need to obtain dollars.

.....One of the highlights of our visit was to see the ballet "Romeo and Juliet" performed by the National Ballet at the Grand Theatre. The grand dame of Cuban National Ballet, Alicia Alonso, attended the performance on the same night. It was considered a great honor for us to have seen her! The performance was one of the best we have ever seen. The dancers, even minor ones, were superb. Romeo and Juliet were both very young, beautiful and excellent dancers. We couldn't ask for a better show anywhere else.

.....After 5 days in Havana we were taken to Trinidad, a World Heritage site in central Cuba some 300 km east of Havana. Trinidad was a booming town in the 1700s but the sugar industry collapsed when the industry was taken over by Cienfuegos where the soil was better for growing cane and the sugar could be transported more easily by sea to Havana. We stayed at a resort hotel on the beach about 20 min by bus from the old town. Again we attended lectures in the mornings and were taken to visit defunct sugar mills, museums and old mansions. Lunches were taken in restored mansions or plantation homes, which were really interesting. We were also taken on a nature walk but there was little wildlife to be seen. Between Havana and Trinidad we saw miles and miles of sugarcane fields, bananas, citrus and some rice, but few vegetable plots. We also saw cattle ranches near Trinidad and one chicken farm. There was quite a lot of abandoned sugarcane fields or wasteland near Havana that had not been used.

.....We had only 2 free evenings to eat out or do things on our own in Havana. On the first evening we went to the Tropicana to see the famous cabaret. It is somewhat like shows in Las Vegas or the Moulin Rouge, with a cast of 100 or so. The costumes were fantastic and the dancers were very good but the music was far too loud. Fortunately

we had earplugs! I was glad that we saw the show after reading so much about it but I would not want to see it again. On our second free evening we arranged to meet a couple of Esperantists and to take them out to dinner. [Ralph and Lanna Lewin are specialists in Esperanto, the universal language. The Editor.] They arrived at our hotel at 8pm, but neither knew of any local restaurants where we could go for dinner. After consulting the hotel manager (Cubans are not allowed to eat in some of the tourist hotels) we took them to the hotel buffet which costs \$15/person (equivalent to their monthly salary). I quietly paid so as not to embarrass our guests. We had a good chat and learned quite a bit about the Esperanto movement in Havana (not too active since transportation is difficult, it is hard for members to attend regular meetings).

.....There is a China Town in Havana so we went when we had 2 free hours one afternoon. It was in a rather rundown neighborhood with about one block of shops and restaurants. We found nobody who spoke any Chinese except for a chef from Shanghai. He came to Cuba 5 years ago and earned more than US\$1,000/month. He liked the happy-go-luck life style in Havana but found real Chinese ingredients difficult to come by. A Chinese dinner for four at the restaurant with drinks would cost US\$60-70.

.....We did not visit a cigar factory but were taken for a brief visit to the oldest cigar shop in Havana. It was a beautiful shop with stained-glass windows, wooden paneling and patterned marble floors. There were also smoking areas with leather sofas. It must have been quite a place to visit in its heyday! The best cigars can cost up to \$100 each and the cheapest about \$1.

We were not taken to any souvenir shops which was just fine with us. We did see some rather lovely wood carvings, paintings, embroidered clothing and silver jewelry made with black coral or tortoise shells, both banned from the US. In one of the main squares in Old Havana (Plaza de Armas) there were lots of people selling used books and prints. Ralph bought 2 volumes of Spanish botanical dictionary for \$10. This is one way of getting US dollars to enable people to buy things from dollar stores.

Well, all in all it was an extremely memorable visit. We found the country interesting and the people friendly. There was a rich history and it could be a lovely country if conditions are right. The government is trying its best to develop tourism and we met lots of tourists from Canada, France, Germany and the UK. Unfortunately for the Cubans their nearest rich neighbors are not allowed to visit. Pity!

Lanna Cheng Lewin



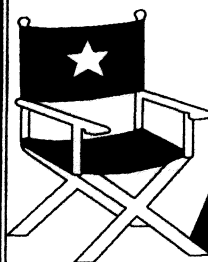
Sounding Board Speaker on February 5: Richard Atkinson

Richard Atkinson was the 17th President of the UC system until last October. Many of us knew him before that as Chancellor of UCSD. During his tenure, UCSD doubled in size to 18,000 students, consistently placed among the 5 top universities in federal funding for research. By 1995 the quality of its research programs was ranked 10th in the nation by the National Research Council.

Atkinson was Director of the National Science Foundation, a presidential appointment with a wide range of responsibilities for science policy at national and international levels before coming to UCSD. He negotiated the first memorandum of understanding between PR China and the US, for an exchange of scientists and scholars.

He had a noteworthy prior career at Stanford University as professor of psychology, with appointments also in the Schools of Engineering, Education, Applied Mathematics and Statistics, and Institute for Mathematical Studies in the Social Sciences. His research dealing with problems of memory and cognition has been influential in shaping research in the field. He developed the prototype for the commercial development of computer-assisted instruction.

March 4 the speaker is Donna Frye, the "City Council Maverick" (6th District City Councilwoman). She is a refreshingly different representative who works unceasingly for the people she represents, not for her own political advancement.



Armchair Travelers Presents:

The Pilgrimage Road to Santiago de Compostela

Tuesday, February 17th, 2004
UCSD International Center
7:00 p.m. dessert 7:30 program

The most popular long distance trail in Europe today is THE PILGRIMAGE ROAD TO SANTIAGO DE COMPOSTELA which stretches from southern France, across the Pyrenees and northern Spain. It was one of the three major Christian pilgrimage routes during the Middle Ages leading pilgrims to the resting place of the Apostle Saint James, who is the Patron Saint of Spain.

Whether you are a dedicated pilgrim, intrepid hiker, ambitious cyclist, nature lover, historian, art buff, adventurer or an armchair traveler, you will enjoy this 550 mile journey through 350 villages. Join hundreds of thousands of people who have explored the road traveling through a stunningly varied landscape that contains some of the most extraordinary art and architecture in the Western world. "The Camino" is a treasure trove of historical sites, rustic Spanish villages, churches, cathedrals and religious art. Follow the footsteps of saints and sinners with Warren, a retired educator, and Eileen, a retired lecturer, who will share their pilgrimage on February 17th.

Sponsored by the Friends of the International Center
Questions: ckohl@ucsd.edu Candace Kohl: 858-259-1903

A parking permit and directions can be obtained at the Information Booth on Gilman Drive.

OCEANIDS IS OPEN TO ALL WHO ARE INTERESTED IN UCSD

Print your name as you would like it to appear in the DIRECTORY. Check here if you do not wish to be listed ☐

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THE LEAP YEAR

(everything you wanted to know about the leap year and more!!)

A leap year is a year in which an extra day is added to the calendar in order to synchronize it with the seasons. Since the typical year is 365.242190 days long, a leap year must be added roughly once every four years. The extra day (known as a leap day) is added at the end of February, giving it 29 instead of the usual 28 days.

In the Gregorian calendar currently in use worldwide (except for the people who use the Russian and Iranian calendars), there is a leap year every four years, except for years ending in 00, in which case only if the year is divisible by 400. Therefore, the year 2000 will be a leap year, but the years 1700, 1800, and 1900 were not.

The leap year was introduced in the Julian calendar in 46 BC. However, around 10 BC, it was found that the priests in charge of computing the calendar had been adding leap years every three years instead of the four decreed by Caesar (Vardi 1991, p. 239). As a result of this error, no more leap years were added until 8 AD

What happened on the 29th of February? (A very arbitrary selection)

1792 Gioacchino Rossini Pesaro Italy, composer (Barber of Seville) is born.

1992 Earl Scheib CEO (Earl Scheib Auto Paint), dies at 85

1692 Sarah Good & Tituba, an Indian servant, is accused of witchcraft, Salem

1784 Marquis de Sade is transferred from Vincennes fortress to the Bastille

1832 Charles Darwin visits jungle near Bahia Brazil

1880 Gotthard railway tunnel between Switzerland & Italy opens

1908 Dutch scientists produce solid helium

1940 "Gone with the Wind" wins 8 Oscars

1956 Islamic Republic established in Pakistan

1960 1st Playboy Club, featuring bunnies, opens in Chicago

1964 Frank Rugani sets badminton shuttlecock distance record, 24.3 meters

1968 Beatles' "Sergeant Pepper's Lonely Hearts Club Band" wins Grammy

1980 Michael Bracey ends 59 hours 55 minutes trapped in an elevator, England

Leap Year was the traditional time that women could propose marriage. In many of today's cultures, it is ok for a woman to propose marriage to a man. Society doesn't look down on such women. However, that hasn't always been the case. When the rules of courtship were stricter, women were only allowed to pop the question on one day every four years. That day was February 29th.

It is believed this tradition was started in 5th century Ireland when St. Bridget complained to St. Patrick about women having to wait for so long for a man to propose. So, according to legend, St. Patrick said the yearning females could propose on this one day in February during the Leap Year.

According to English law, February 29th was ignored and had no legal status. Folks assumed that traditions would also have no status on that day. It was also reasoned that since the leap year day existed to fix a problem in the calendar, it could also be used to fix an old and unjust custom that only let men propose marriage.

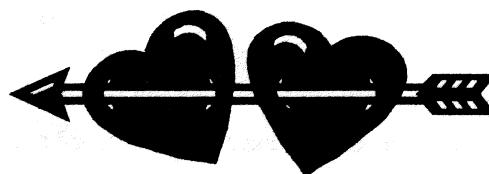
The first documentation of this practice dates back to 1288, when Scotland passed a law that allowed women to propose marriage to the man of their choice in that year. They also made it law that any man who declined a proposal in a Leap Year must pay a fine. The fine could range from a kiss to payment for a silk dress or a pair of gloves.

In the United States, some people have referred to this date as Sadie Hawkins Day, with women being given the right to run after unmarried men to propose. Sadie Hawkins was a female character in the Al Capp cartoon strip "Li'l Abner." Many communities celebrate Sadie Hawkins Day in November.

There is a Greek superstition that claims couples have bad luck if they marry during a leap year. Apparently one in five engaged couples in Greece will avoid planning their wedding during a leap year.

~ Sheri & Bob Stritof

**Thought for leap day :
" May the force be with you."
(FROM THE INTERNET; WHERE ELSE?)**





On **Saturday, February 21**, a Malaysian dinner will be held at the International Center to raise monies for the Scholarship Fund. After dinner, Chris Wills will show pictures taken mostly in the four rainforests that we visited. If you are interested, please call Liz at 858 454-6858 or e-mail Alma at acoles@ece.ucsd.edu for the reservation form. For more information, see the February 2004 issue of the Friends of the International Center Newsletter.
Liz Fong Wills

Exhibitions Featuring of the Work of Theodor Seuss Geisel

Jan. 5 to March 27, 2004:

"The Dr. Seuss You Never Knew" features early work from his school days at Dartmouth and Oxford, advertising and magazine work from the 1920's and '30's, world war II cartoons for PM magazine and work for the U.S. Army.

May 24 to Sep. 4, 2004:

"Dr. Seuss Between the Covers" features his children's books from 1937 to 1990.

Late Fall:

"The Cat in the Hat for President" will focus on how Dr. Seuss and his creations have become common place features of American life and the American imagination.

Geisel wrote 44 children's books which have been translated into more than 20 languages and sold more than 500 million copies. Most of his original work is included in the extensive Dr. Seuss Collection at UCSD's Geisel Library. The approximately 8,500 items in the collection document the full range of Geisel's creative achievements, beginning in 1919 with his high school activities and ending with his death in 1991.

For information on hours of the exhibitions please call (858) 534-2533.

(Excerpt from article by Pat JaCoby)

Suggestions for a Bear Facts Contribution

My most important learning experience

Why and how did I get to the US of A
(for foreign born only)

One of my favorite people

My favorite Interest Group

The most embarrassing moment of my life

Adventures with Yvonne

One Friday afternoon 35 years or so ago, before our two weeks' Christmas vacation was to begin, my husband, Remy, and I were suddenly without a plan in the world (for the life of me I cannot remember why), and we had to improvise something spectacular for Stephanie, our daughter, and her girl friend who was coming with us.

We looked at one another and Remy said, "Let's drive to Panama and back. After all, we have 17 whole days." Struck by his brilliance, I shouted "Hooray." Without a minute to lose we stuffed a few cool traveling things plus good outfits into duffel bags, called Stephanie at her boarding school to tell her of our change in plans, looked up our Mexico and Guatemala maps, phoned AAA at 4:15 to ask them to get ready the rest of their Central America maps, said we'd pick them up before closing, gave each other a huge hug and kiss and rushed off to the Auto Club. Word had spread throughout and by a miracle they were ready for us, as excited as we were, lined up to wave us off and wish us a "Buen Viaje" and "Bon Voyage."

We stopped a few blocks away at the Chicken Ranch, ordered two platos combinaciones for supper, scooted on home and were so excited we could scarcely eat. Since we were getting up at 5, sleeping was difficult. We forced ourselves not to talk, and, worn out by our sudden burst of enthusiasm and energy, finally calmed down and were fast asleep in no time.

By a great chance, Remy had had our trusty large Ford station wagon serviced the week before. We tossed our bags, maps, water, fruit, sandwich supplies and cold box into the back and were on our way to the all night service station for gas.

As we left Santa Barbara, it was really hard not to speed, but we kept to 60 as we took a short cut to Ojai to pick up Stefi and Cheryl, about 6 a.m. They were just as excited or more so than we -- two darling 13-year-olds going to Panama for the first time! Stopping in Oxnard to pick up Cheryl's clothes and her Mom's broiled chicken with a gallon of iced lemonade in a cooler, we drove to I-10 in Los Angeles and headed East to Arizona. We ate the chicken dinner at a pleasant freeway-side park in Tucson, found a motel, showered, and went right to bed.

The next morning by 5 am we were having breakfast at Denny's (huevos rancheros, frijoles refritos and tortillas de maiz, chocolate Mexicana and coffee, all in honor of our trip "latinoamerico", visited the restrooms and were on our way to the border at Nogales. The auto club had given us forms for visas to the various Central American countries as well as Mexico since we would be stopping briefly at each one on our way down to Panama and back.

After going to the immigration office and giving them our visas for Mexico (plus a sizable tip), we started south to Guaymas where I promised everyone the best fresh shrimp feast in the world!

to be continued.....

Yvonne Courtenaye Brown

OCEANIDS' INTEREST GROUPS

Interest Groups are the backbone of our Oceanids organization. They are here to meet the many varied needs of UCSD families, especially those new to the UCSD campus, and the community. If you do not find an activity you would like to participate in, please contact Carole Ziegler, Interest Group Coordinator@ 619-297-0798. If five or more Oceanids wish to start a new group, please let Carole know so we can inform other members. All we ask is that your members be Oceanids. If you are not yet a member of Oceanids, please consider joining us today by calling Madeleine Rast, 858-453-8223 or submitting the application form in this issue.

AVI SET BIRDERS

Contacts: Sidney Bagley (858)455-1477, Lou Bowles (858)755-7102, or Joany Mosher (858)454-0017

Our birding group meets promptly at 8 a.m. the second Monday of each month during the academic year. The La Jolla group will now meet at the corner of Dunaway Drive and Glenwick Dr. in La Jolla, and the north county birders will meet at the home of Lou Bowles, 13040 Caminito Mar Villa, Del Mar. We carpool from these locations and visit sites around the county. Members will be called. **Next outing is February 9, 2004.**

BOOK GROUP

Contact Odette Filloux, (858) 453-0749

February 10, at 9:30 a.m.: We will meet at Charlotte Mamorsky, 1542 El Paso Real, La Jolla. We shall discuss "The Heineman Book of Contemporary African Short stories" edited by Chinua Achebe and C.L. Innes. Odette Filloux will lead the discussion.

For any questions call either Odette, Sally Kroll, 453-1322 or Carol Schultz at 453-0458.

CAFÉ ESPAÑOL

Contact: Judy Vacquier, (858) 459-7834

La próxima reunión de Café Español será el miércoles, **4 de febrero**, 1:30-3:30, en la casa de Marjorie Jackson, 2444 Azure Coast Drive, La Jolla. Favor de contestar a Judy (858-459-7834) si puede venir o si tiene preguntas. Please note: **We are changing our meeting date to the first Wednesday of each month.**

CAFÉ FRANÇAIS

Contact: Lucie Walther, (858)755-8060 and Martha Morera (858)481-7723

Le prochain cafe francais aura lieu le **11 fevrier** a 13:00 heures chez Maura Harvey, 12808 Via Latina, Del Mar, tel. 858.509.2130. On vous prie de reserver s.v.pl. Merci!

CINEMA SOIRÉE

Contact: Laurette Verbinski, (858) 453-4699 or Roswitha Enright (858) 459-7375. We meet on the second Sunday of each month at 7:00 p.m. for socializing, and movie discussion will start at 7:30 sharp. For information call Laurette or Roswitha. Next meeting **February 8, 2004**

DAY BRIDGE

Contact: Barbara Bank (858)484-4597 (barbara@sdnal.ucsd.edu)

We meet the first and third Tuesdays of the month at various members' homes. We start at 10 a.m. and usually end at about 3 p.m. Everyone brings their own lunch. The hostess only provides drinks. Call for information.

Next meetings: **February 3 and 17, 2004**

DEVILISH DINERS

Contact: Mary Dashen (858) 457-4631, fax 457-4371, or mdashen@san.rr.com.

On Thursday **February 19** we will join the Gardening Group on its Magical Mystery Tour of Encinitas ending at the St. Tropez Bakery & Bistro in the Lumber Yard Shopping Center, (behind the Starbucks) for Noon. 1-760-633-0084, 947 So. Coast Hwy, #103D. The Lumber Yard is host to a number of specialty shops and restaurants. St. Tropez is strategically located kitty corner from the Self Realization Fellowship Temple & Gardens, and is across the

street from The Black Sheep, the luscious yarn shop. Although they do not take reservations, a head count is desirable. I haven't tried it yet, but St. Tropez comes heavily recommended by Judy Skelton. Pat Stein, a Cardiff-based writer and food critic said in 1999: "As bright and sunny as a blue-sky day on the French Riviera, the charming new St. Tropez Bakery & Bistro in The Lumberyard is the only genuine Provençal bistro in North County. In addition to specialty breads and house-made pastries, the beautifully decorated cafe offers such authentic French bistro fare as Croque Monsieur, Croque Madame, Pan Bagnat and French onion soup, making it an ideal place to pause for breakfast, lunch or an early dinner." Please RSVP to me if you're doing lunch only and/or Mary Lynn Hyde. For more information on the joint adventure, see the Gardening Group write-up. And visit <http://www.encinitas101.com/sttropez.htm> to see a map, a menu, and complete review.

ENVIRONMENTAL CONSERVATION BOOK GROUP

Contact: Judy Vacquier (858) 459-7834.

This group meets the fourth Thursday of each month to discuss a book on environmental conservation and related topics. The next meeting will be Thursday, **February 26**, 11:30-1:00, in the conference room at the Birch Aquarium at Scripps. The book for February is *Song for the Blue Ocean* by Carl Safina. Book discussion will begin at 11:45. Parking is free for 3 hours. Bring your lunch. For more information contact Judy Vacquier, 858-459-7834 or mailto jvacq@san.rr.com.

EVENING BRIDGE

Contact: Barbara Bank at (858)484-4597, or e-mail (barbara@sdna1.ucsd.edu)

The couples Evening Bridge Interest group meets at 7:30 p.m. on the fourth Saturday of the month all year long at one of our members' homes. If you wish to play on a regular basis, or just occasionally, please contact Barbara Bank.

Next meeting **February 28, 2004**

GARDENING GROUP

Contact Mary Lynn Hyde 858-488-9283 mlhyde@san.rr.com or Irene Allison 858-453-0206 iallison@ucsd.edu

On Thursday **February 19** we go on a Magical Mystery tour of Old Encinitas-Leucadia, including a stroll through the Self Realization Fellowship Temple & Gardens. Nature lovers will enjoy this urban garden overlooking the Pacific Ocean in Old Encinitas. This inspirational site is one of the most beautiful along the San Diego County coastline. Tranquil, quiet & meditative are words that describe the Self-Realization Garden (or Swami's as the locals call it). (www.encinitas101.com/drive101encinitas2.htm) We might also visit any number of other gardens and shops before or after our lunch with the Devilish Diners at the St. Tropez Bakery & Bistro in the Lumber Yard Shopping Center for Noon. (1-760-633-0084, 947 So. Coast Hwy #103D.) For a description, menu, and map visit <http://www.encinitas101.com/sttropez.htm> This strip of old Pacific Coast Highway (a.k.a. Hwy 101) through an Encinitas neighborhood known as Leucadia offers the best illustration of Southern California lost in time. On underachieving land that would surely support booming condo complexes anywhere else on the coast, you'll find the Plant Lady; a hammock shop; Lou's new and used records, a junk store (with a Bob's Big Boy figure out front) and a store that specializes in jukeboxes.

Who knows what the day will bring, but we know it will be fun. Our magical mystery tour will begin at 9:45am in the mundane parking lot of TGIF's in La Jolla Village Square. Carpools will depart promptly at 10am and return about 1:30-2pm. Please RSVP to Mary Lynn Hyde.

GRACIOUS AGING

Contact: Elibet Marshall (858)459-5246

This group has an age limit; you must have lived 80 years to participate. We meet at Ellen Revelle's home on the first Monday of the month from 11 a.m. to about 2 p.m. to discuss various associated subjects. Pure spring water is provided. You bring your own apple (lunch). Call Elibet for details. Next meeting **February 2, 2004**

HIKING IN AND AROUND SAN DIEGO COUNTY

Contact: Roswitha Enright (858)459-7375

We meet at 8:30 a.m. on the second Saturday of each month (October to May or June) at the La Jolla Village Shopping Center parking lot and carpool to the starting point of the hike. Bring a lunch, plenty of fluids, sturdy shoes and sun protection! Friends and family are invited. Call the week before the hike if you would like to come.

Next hike **February 14, 2004**

LA JOLLA RENAISSANCE SINGERS

Contact: Bill Propp at (858-459-2019) or wpropp@ucsd.edu.

The group meets **every Wednesday** at the La Jolla home of Connie Mullin, a member of the UCSD Oceanids.

The La Jolla Renaissance Singers (formerly the UCSD Madrigal Singers) has existed for 40 years as an Oceanids activity group. Directed by History and Judaic Studies professor William Propp, the choir of about 25 performs throughout the San Diego area in period costume. Experienced choral singers (especially men!) are encouraged to contact Dr. Propp at wpropp@ucsd.edu to arrange a visit and/or audition.

MOVEABLE FEAST

Contact: Liz Fong Wills (858) 454-6858.

This dining out group is currently at capacity but we are taking a wait list. For questions, please call Liz.

MUSEUM GROUP

Contact: Carol Schultz (858) 453 0458 or Sally Kroll (858) 459 1322..

We will occasionally have museum outings where all Oceanids are invited to join. Check the newsletter for information.

PEOPLE-TO-PEOPLE

Contact: Carole Ziegler, (619) 297-0798.

We will meet at the Oceanids Pavilion at 10:00am, Monday, **February 9** to hear one of our newest members, Hulya Saygin, tell us about her home country, Turkey. Come learn, too, why someone would move from one Earthquake area of the world to another. Carole Ziegler (new number at work (619)594-6443) or cziegler@sandiego.edu

SOUNDING BOARD

Contact: Barbara Baehr (858) 272-4370

Sounding Board will take place on **February 5, 2004** after the board meeting, when Richard Atkinson will talk about "Prospects for UC". See more information about him on page 6 and 11 in the newsletter.

STAMP GROUP

Contact: Betty Shor (858) 453-0334

We do not meet on a regular basis, but welcome other collectors to join our informal exchange. For information call Betty.

WALKING GROUP

This is a relatively new interest group to encourage fitness by walking with friends in your neighborhood. We have 3 groups formed so far: Del Mar, North La Jolla (UCSD), and South La Jolla (Mt. Soledad/Bird Rock). Please contact Judy Vacquier (858) 459-7834 if you would like to join a group or start one in your neighborhood, or if you would be willing to be a team captain for your neighborhood.

WEDNESDAY COFFEE

Contact: Emily Stowell, 858 481-7938 or Mary Bailey, 858 755-6813.

Please come and join our social group of Oceanids, newcomers, postdocs, students and their children **every Wednesday all through the year** from 10 a.m. to 12 noon for coffee, juice and cookies at the International Center. This is a time for children and adults to make friends, and find out about strange and wonderful American customs. There is also the opportunity to visit the kitchen exchange, where newcomers can rent kitchen and household equipment, also baby things for a small fee.

For more information, please call Emily Stowell, or Mary Bailey.

WINE TASTING GROUP

Contact: Pat Kampmann (858) 454-1856

Exploring the taste sensations of a new wine or an old vintage, this group meets the third Friday monthly. Members rotate as hosts, however, this group is currently at capacity. For questions, contact Pat.

WINE TASTING II

Contact: Barbara Scholz 858- 350-6014 or bscholz@hotmail.com.

We meet monthly. Members rotate as hosts. The cost for wine and food is shared between the people attending. Contact Barbara for information on the next meeting. 858-350-6014 (home)or 800-358-0700 x475 (work)

WITS I

Contact: Pat Kampmann, (858)454-1856.

This long-time investment group allows one to learn and earn on one's own. Procedures are followed which analyze all stocks before they are bought. A regular monthly investment is required along with a "buy-in". At present there are a few places open. We meet at the Oceanids Pavilion on the 4th Tuesday of the month all year long from 1:30 to 3:30. Next meeting, **February 24**

WITS II

Contact: Ruth Reid (619) 226-2538

WITS II meets the 4th Wednesday of the month, all year long, at various members' homes. We study companies, using the stock investment guides of NAIC, educating ourselves to have a better financial understanding and competence. Come visit us for a couple of meetings. Next meeting **February 25**. Call for information.

Half WITS

Contact: Liz Fong Wills (858)454-6858.

Half Wits meets to learn about the stock market and other financial topics. No firm scheduled monthly day yet. Please call at the beginning of the month to find out day of meeting. Next meeting: **February 26**. Contact Liz to confirm the date!

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• Suggestion for a Bear Facts Contribution •
• My most disastrous travel experience •
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HOUSING

HOUSE FOR RENT IN University City

May through September 2004(flexible). Three bedrooms plus office, beautiful living area and European style kitchen, large patio and lovely garden with green canyon view and spa. Twelve minute commute to UCSD for visitors. \$2,100/month includes utilities.

Please, call (858)455-5721.

Rental Wanted

1-bedroom apartment or guest house needed, unfurnished OK, for long-term rental. Will be used occasionally by tidy and unobtrusive East County resident with outstanding references. Must be quiet. In La Jolla, UC, PB, Del Mar, Solana Beach.

Please contact Julie 760 765-1500 or jolfe@abac.com



We are sad to inform our members that **Joyce Rapaport** died on December 15, 2003. Joyce was a Life Member of Oceanids and, in the past, served on the Board as Corresponding Secretary. She was a long-time member of the Wits I Investment Group and the Movie Group. It was always a pleasure when she participated in our Movie Group. Her kind and generous spirit and sense of humor enlivened the discussions. Her manner was gentle; she was a real lady and a true friend. We will greatly miss her.

Estelle Shabetai

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 • Suggestion for a Bear Facts Contribution •
 • The high point of my career •

UPCOMING TALKS AT SOUNDING BOARD

February 5: Richard Atkinson, UC President (Ret.) "Prospects for UC"

March 4: Donna Frye, SD City Council, 6th District "City Council Maverick"

April 1: Steve Erie, Political/Urban Scientist "Water and Growth"

May 8: Jim Goldsborough, SD Union-Tribune "Today's Hot Topics"

More Sounding Board information. Please note:

The speaker is introduced at about 12:20 and talks for about 20 to 25 minutes, then there is a discussion. There may be also interruptions with questions or statements during the talk-- it's very informal.

Sounding board is supposed to be over by 1:00-1:15 p.m.



Best Facts

WELCOME NEWCOMERS!

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February 2004

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	Gracious Aging 2	Day Bridge 3	Café Espanol 4	BOARD MEETING Sounding Board 5	6	7
Cinema Solréé 8	Avi set People to people 9	Book Group 10	KitX, Wed. Coffee LJRS Café Franc. 11	HALF WITS 12	Friday Café 13	Hiking 14
15	16	Day Bridge Armchair Travelers 17	KitX, Wed. Coffee LJRS Emeriti Talk 18	Gardening Group Devilish Diners 19	Wine Tasting I 20	21
22	23	WITS I 24	KitX, Wed. Coffee LJRS WITS II 25	Environ. Cons. Book Group Half Wits 26	27	Evening Bridge Focus Event SIO 28
29			KitX, Wed. Coffee LJRS			

Bear Facts

Month: February

Year: 2004



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