Part 1- With voice and music – Track titles	Timestamps – Track begins at:
01 Prologue	0:00
02 Mom's Friday Hair Ritual- 1930	1:19
03 Dietrich In Wisconsin, 1934	2:24
04 Snapshots 1935	3:20
05 Cousin Albert	6:17
06 Frigates Of Illusion- Childhood	7:58
07 Picking Blueberries	8:29
08 Hiram Ewald	9:14
09 Garter Snake With Toad	10:13
10 Father, Son, Cousin Country Western Band	10:43
11 Adeline	11:26
12 Fine Points	12:27
13 Hare Blight	13:07
14 Rural Wisconsin Snapshots	13:54
15 Home-Made Saw-Rig	14:33
16 Wisconsin Deer-Hunting Tale- The Severed Foot	15:20
17 Arctic Nights, Wild Men, Venison, Etc.	16:00
18 Bivouac (Fort Jackson, Sc 1944)	17:05
19 So Far, Few Wolf Children Have Been Authenticated	18:02
20 Nude Father With Sleeping Son	19:11
21 Son	20:07
22 The Pet	20:41
23 Mountain Cataract	21:19
24 Separation Poem & On Being Awakened Too Early	22:00
25 Poet And Century Both Turn Geriatric	22:49
26 The Swallow Return To San Juan Capistrano	25:14
27 Traipsing Through A Cemetery	26:22
28 Cowboys At Reno	28:28
29 For Paul On His Birthday	29:28
30 While You Were Gone	31:30
31 My Son Returns To Japan	32:24
32 On The Night He Died They Sat Side By Side	33:16
33 Possum	33:56
34 Pomegreanates	34:40
35 Howard Warner (Huntington Beach Artist)	34:52
36 Meditation On Skin	35:39
37 Mentally Challenged At The Orange County Fair	36:20
38 Memory Loss In A Parking Lot	37:13
39 How To Cook A Flamingo Old Roman Style	37:54
40 Dunwich, By The North Sea	38:40
41 Old Man Observes A Mall's Xmas Tree	38:59
42 Lakes District Lover	39:27

43 Vision Of Helen	40:10
44 Mary Perry	40:46
45 At Al Jolson's Tomb	41:22
46 I'm Now Eighty Four	41:51
47 Evocative Snippets	42:20
48 Heaven's Barbecued Passenger	43:24
49 How An Old Man Commemorates The Explorer	43:51