

Bear Facts

Vol. XXXI No. 7

OCEANIDS--UCSD WOMEN

APRIL 1993

COMING UP IN MAY:

GARDEN / ART TOUR TO UCLA

VISIT THE

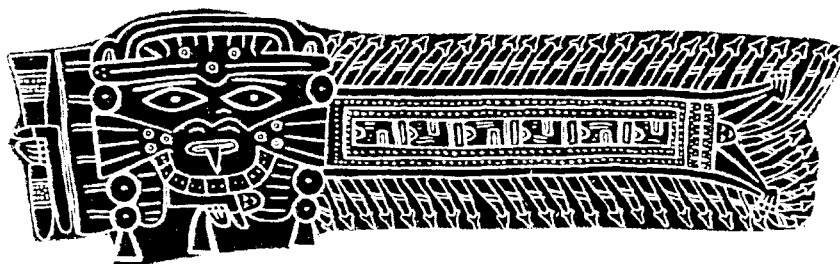
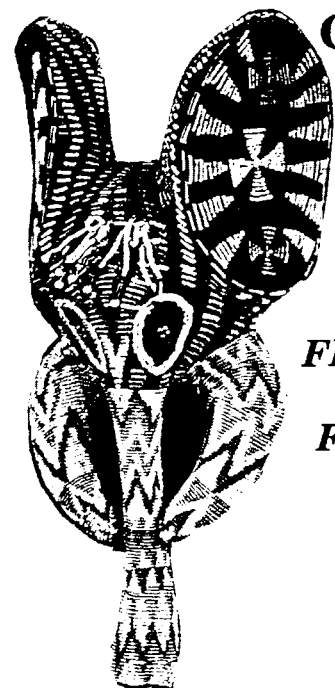
HANNAH CARTER JAPANESE GARDEN

FRANKLIN D. MURPHY SCULPTURE GARDEN

FOWLER MUSEUM OF CULTURAL HISTORY

WEDNESDAY, MAY 19, 1993

See page 8 for more information



DEPARTURE: 7:45 A.M.

RETURN: 5:30 P.M. (APPROX.)

Oceanids, the University Women's Organization, is open to all women associated with UCSD. In promoting fellowship in the University community across disciplines, we sponsor service to the University, social activities, and a variety of Interest Groups (day and evening)

Please address all mail to:

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Ellen Revelle 454-2929

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Jean Lindsley 453-4043

Second Vice-President:

Irma Gusfield 453-0280

Treasurer: Carol Schultz 453-0458

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Mary McIlwain 454-4857

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Eleanor tum Suden 587-8865

OCEANIDS MEETINGS
APRIL 1993

OCEANIDS BOARD

Presidents: Beth Spooner,
Ellen Revelle
Thursday, April 1, 9:30 a.m.
Ellen Revelle Pavilion

NOTE:

After the exhausting boardmeeting we will relax at a leisurely lunch at the Faculty Club. Everyone is invited to join us. We do not have a reserved room.

BEAR FACTS STAFF

Monday, April 26, 9:30 a.m.
Ellen Revelle Pavilion

NEWCOMERS

Co-Chairs:
Georgina Sham 459-1336
Jean Lindsley 453-4043
Liz Wills 454-6858
Please call for date of next meeting

Bear Facts is the newsletter of Oceanids, a UCSD campus women's organization. It is published monthly except for July, August and September. Letters to the Editor and articles of interest to UCSD women are invited. **ALL SUBMISSIONS MUST BE RECEIVED BY THE EDITOR NO LATER THAN THE 10TH OF EACH MONTH. Exceptions will be made if you call in advance.** The post office does not forward Bear Facts. Please notify Circulation of any change of address.

Membership and/or subscription \$15 per year.

We welcome contributions

Please take time and have courage to contribute from your experiences. Write whatever you find newsworthy, surprising, interesting, or also sad and disappointing. We will use your short or long contribution whenever we have space, which is almost always! We don't have to be perfect, and we need your help.

So remember, **just write.** Thanks!
Roswitha and Netty

MINI MINUTES

The nominating committee has begun its important work for the year. Their slogan is for each of you to say, "Yes, I'd love to help Oceanids." Working with people is a great way to make friends.

The Volunteer Connection on campus reports that 765 of the students at UCSD do some sort of volunteer work. That is quite impressive.

The committee working on the Frieda Urey scholarship has decided that it should go to a woman who will be a graduate student returning to school after some years away. The Vice-Chancellor of Academic Affairs has offered matching funds to the scholarship fund up to \$25,000. We have raised \$15,000 and have four years to raise the other \$10,000. The board felt this was an excellent opportunity.

There are many interesting events coming up in April and May that you might want to know about. There will be a birthday party for Alma Coles on April 10th. You can try to guess her age. On April 17th the annual Health Lecture Day, presented by the UCSD Medical Auxiliary, will be held at the pavilion at the new Thornton Hospital. The topics include hormone replacement therapy and skin cancer.

Once a year Oceanids puts on a Friday Cafe for some 200 people at the International Center. This year the date is April 23. The menu will include Jambalaya and an unusual looking cookie. If you would like to share in helping the day before or on the 23rd please call Barbara Starkey, tel: 453-0779. Clean up day in the Pavilion was a big success. The pile of junk was enormous. The past president, who cannot stand seeing things thrown away, was most upset by this wonderful waste. I think the most interesting find was a tile with a picture of Don Quijote and Sancho on it. The tile read "Don Quijote aconseja a Sancho".

Jean Lindsley

BOARD SKETCHES

LAURA NORRIS

Chair of Garden Group,

Faculty wife--CASS.

In the five or six years that I have been a member of Oceanids, I have enjoyed most the social interaction with the lovely well-educated, high-achievement people I have met there.

Chairing the Garden Group has been fun, I also have participated in the Wine-tasting Interest Group.

Gardening is one of my hobbies; I am also an enthusiastic skier, like back-packing, shopping and am involved in the P.T.A.

Although I am comfortable with the way

Oceanids is run I believe we need a group of women who would provide one-on-one guidance to permanent new members.

ROSWITHA ENRIGHT

Bear Facts Editor

Staff research associate

Faculty Wife--Scripps Institution.

Although I have been a member of Oceanids off and on for many years I became active in the organization only when my friend Rosemarie Lugmair suggested that I take over as Bear Facts Editor three years ago. Since I had no previous experience in that line of work it has been a learning process but, on the whole, very satisfying and enjoyable.

I like going hiking with the Hiking Group and love playing bridge with our Interest Groups. I am planning to become more involved with the Newcomers and People-to-People.

My work as free-lance translator gives me great satisfaction.

I enjoy travel, reading, nature, old corny movies, bridge, lazy days at the beach, spending time with my friends.

I have met many interesting women through Oceanids, and particularly the older members never cease to be an inspiration to me.

I am worried about Oceanids' future though. Younger women today just don't have the time and energy to keep an organization like this alive. There are so many more involvement opportunities for women in San Diego today than there were 40 years ago when Oceanids was conceived. Fellowship through the interest groups may be our most important asset. How about an evening group for theatre or movies, weekend excursions for single working women?

DINNER-LECTURE AND TOUR OF THORNTON HOSPITAL

The public is invited to join the UCSD School of Medicine Associates (SOMA) at 6:00 p.m. on **Tuesday, April 13** for a "Sneak Preview" walking tour of the new John M. and Sally B. Thornton Hospital, a 120-bed general medical-surgical hospital scheduled to open in July 1993, followed by dinner at 7:00 p.m. and a presentation by the San Diego Regional Poison Center at 8:00 p.m. Tickets are \$25.

Please wear flat, hard-soled shoes for the tour. Parking is free at the Thornton Hospital parking lot located at UCSD Medical Center, La Jolla (take Genessee Rd. to Regents Rd. and turn west onto Old Miramar Rd). Reservations are required.

For more information or to purchase tickets, call Gail Gipson at 534-1503.

DRAMATIC RESCUE IN THE BADLANDS

Well, sometimes things just don't work out the way we expect.

There we were, all 14 of us, going on our monthly hiking trip. The sky was blue, the air pleasantly warm. The desert was our goal since we expected to see at least the beginning of the big bloom of 1993.

As usual the group was comprised of people of different nationalities; for some it was their first time in the desert, for some it was their first time with the Oceanids hiking group. We stopped at Tamarisk Grove to enjoy the lovely nature trail there and were not disappointed. The cacti were starting to bloom, also bushes and ocotillo plants. One of our members got too friendly with an aggressive cholla cactus and found herself with a big round spiny token of its affection between her fingers. But, old desert rat J.T. got out his trusty pocket knife and managed to free her of the unwelcome addition to her hand. Our next stop was the "Narrow Earth Trail", a short self-guided trail off highway 78 which was mainly interesting for its geological formations. Oh, and this intoxicating mild clear desert air!

Our main hike was to take place at Borrego Mountain, north of 78 and west of the recreational off-road vehicle area. The 2-mile dirt-road to our starting point was mastered by all three of our cars. We were the only cars at the parking area, and enjoyed our lunches looking out over the canyons of the badlands. Thus strengthened we started out on the trail. Large desert lilies were blooming on both sides of the trail, the first time I had ever seen them in my 25 years of desert visits. In a few minutes we reached a low ridge, and that was where disaster struck! It struck in the shape of a few loose pebbles which made one of our hikers slip and slide (some said tumble!) some 30 feet down the mountain. G.M. tried in vain to hold on to the dry, meager brush, and came to an abrupt halt at a ledge. We stared aghast after her, and were momentarily relieved to see her conscious. The men in our party made it down the hill and confirmed what we had believed to have seen from above: her left leg looked funny! But our members come prepared! Quickly an inflatable splint was applied, and G.M. was made as comfortable as was possible with water and encouraging words. But, what next? There was no way we could get her up the mountain without inflicting unbearable pain and more so, since her shoulder seemed to have suffered in the fall as well.

So three of us made off by car to the nearest ranger station which was just a few miles away. On the map it had an encouraging red cross next to it which made sense because surely the off-road vehiclars would be in need of medical help more often than we hikers.

But when we got to the ranger station there was a hand-written sign in the window: Sorry, out. Now what? We tried to raise somebody at the visitors' center near Borrego Springs, but when we finally got through to them we were treated to a tape describing the beauties of the Anza Borrego Desert Bloom.

That was when we broke down and called 911. First, again the sound of a tape: "Our next available dispatcher will be with you..." What do people do in a life and death situation? Anyway, finally we had a real voice on the phone, described our predicament briefly, were transferred to the fire department, described the accident in more detail, and after a lot of searching on maps at the other end, we were told, that an ambulance from Brawley (45 minutes in the wrong direction!) would be meeting us at the intersection of 78 and dirt road. So far so good. One of us went back to the troupe to tell them the good news, the other two stayed behind to wait for the ambulance. Pick-ups with beer-drinking off-road vehiclars went by, casting surprised glances at these two middle-aged women sitting there in the middle of nowhere.

But it took all of 15 minutes and our trusty rescue squad rolled into view. No ambulance but two ranger cars, lights flashing, came to a halt. After a short explanation each of us hopped in one of the state cars and, again with flashing lights, off we went through the deserted no-man's land to the fateful ridge. Our energetic rangers, one man and one young woman, were all efficiency. They climbed down to our brave, injured party, pulse was measured, blood pressure taken. A third ranger car was called with a stretcher board to which the unfortunate G.M. was strapped. And then, with the help of all of us, the board was transported up the mountain, while our Russian friends snapped pictures of the exciting event. Since G.M. did not want to be transported by ambulance to the nearest hospital in Brawley, she signed a release. This gave her friends permission to transport her to her hospital in San Diego. The rangers were wonderful and very understanding. They helped us get her into the car, where she could lie in reasonable comfort, and then waved good-bye. How wonderful that there are resources like that when the ordinary citizen is in trouble.

The rest was reasonably easy. G.M. was brought to the hospital emergency room where one of the friends stayed with her to make sure that she would be admitted to the hospital. There again, the experience was very positive. The emergency personnel was amazingly friendly, relaxed and helpful. The friend was allowed to accompany G.M. through all the different waystations like emergency check-up, x-ray, cast room, even pushed the gurney, and received information from the various physicians, although she was not even related to the patient. One leg and a shoulder were broken, and the patient was admitted to the hospital.

What a day it had been for everyone! But what a wonderful experience it had also been, to see a band of loose acquaintances pull together to help one of theirs, to find out that the system, paid by our tax dollars really does work and provides us with help in emergencies, and that the medical establishment can function so smoothly when you need it most.

Please join us on our next hike. But we cannot promise excitement like this every time.

RE

NEW HEAD LIBRARIAN AT UCSD

Gerald G. Lowell, Associate University Librarian and Director for Technical Services at Yale University since 1986, has been appointed University Librarian at the UCSD. He will assume his new duties April 1, 1993.

As University Librarian, Lowell will head a system of seven separate UCSD libraries, including those at UCSD Medical Center and Scripps Institution of Oceanography, and oversee UCSD academic computing activities.

Lowell received his B.A. in Russian Area Studies from Gustavus Adolphus College, St. Peter, Minn., and his M.A. in Librarianship from the University of Washington, where he also did graduate work in Russian Studies.

"Technological advancements continue to offer us fantastic opportunities to expand and enrich access to the information that the scholarly community needs to teach, learn and conduct research," notes Lowell. "I expect to continue to foster effective information access and delivery programs, working collaboratively with faculty, staff, students and the UCSD community. I also welcome the opportunity to expand the library's development and fund-raising initiatives."

THE MUSEUM OF CONTEMPORARY ART, DOWNTOWN

This satellite of the Museum of Contemporary Art, San Diego (formerly La Jolla) opened on Jan. 27 with a series of events--an exclusive dinner (for 250); an open air bash for "cast of thousands" of members and friends, followed the next day by a public hands-on day long event.

The building is approximately 10,000 sq. ft. and is wedged in between the American Plaza Tower, the handsome trolley station and across the street from the Spanish mission style Santa Fe railroad depot. All three of the above can be viewed from the balcony on the second floor of the museum--almost as stunning a vista as is the view of the Cove outside the only window of the main museum in La Jolla.

All sides of the downtown museum have large glass windows which function to attract the street and trolley crowd to view the art inside.

If the architecture and exhibit weren't sufficient there were other outstanding aspects of the opening night blast. Highlighted by two bands (jazz and dance), the crush for the food which was offered by seven local restaurants--(what makes those of us that can afford these restaurants get off on and take off after free food?) and the wild and wonderful costumes worn by many of the guests. I had no problem enjoying and appreciating the arty ensembles. However there were a few young men I felt certain must have crashed through the bouncers/security--folks who were definitely from central casting. My friend explained that these young "non-crashers" were really in the height of fashion--Grunge--and how come I was so out of it?

Do go and don't miss the Borofsky motorized figure (18 feet tall) hanging above the staircase, and the breathing wall on the second floor across from the elevator. The museum is a wonderful enriching addition to downtown cultural ambiance.

Irma Gusfield

HEALTH LECTURE DAY

Saturday, April 17, from 9:00 a.m. to 2:00 p.m. in the Thornton Hospital Pavilion at UCSD Medical Center, Campus Point Drive (off Regents Road), La Jolla.

The registration fee is \$10 per person, which includes a box lunch and parking. Pre-registration is required. For information or to register, call Brenda Goldbaum, 452-0408, or Lucy Balistriero, 282-0069.

Volunteers needed for Thornton Hospital opening gala.

UCSD Medical Auxiliary is planning an opening gala for June 5th. Volunteers are needed to conduct before-dinner tours of the new Medical Facility.

Although the Auxiliary would be delighted if you would stay for the dinner, the tour volunteers will have to purchase dinner tickets.

If interested please contact Sallye Krause at 755-6162.

Aprons, Mugs and Notepaper with the Oceanids logo are available at the Ellen Revelle Pavilion for a small fee. Wednesday morning is a good time to come shopping!

HOUSING

The charge for housing ads is \$10. The ad will be run twice if necessary. Make check payable to Oceanids, and send with ad to

UCSD
Editors, Bear Facts
Oceanids, International Center
9500 Gilman Drive
La Jolla, CA 92093-0049

no later than the 10th of the month preceding publication. The current sabbatical rental list can also be seen at the off-campus housing office with UCSD identification.

FOR RENT

Summer rental, 3 Months, June 15- September 15, 1993. Fully furnished house, 4BR plus den and family room, 3 BA, in University City, close to UCSD, large garden, \$1500/month includes weekly gardener, bimonthly maid and utilities. Nonsmokers, no pets. Call Alma Coles (619) 453-8813.

La Jolla Shores, July and August '93. 4 BR, 3BA \$4900/month. Fully furnished, antique furniture, ocean view deck, wheelchair access. 1/2 block from beach, 2 blocks from SIO, near bus and stores. 459-6459.

Without attached studio: 3BR, 2 BA, \$4300/month.

Sabbatical Rental, June 15 through December 31. Furnished, comfortable home in La Jolla, 2 BR, 2 BA, study and family room, beautiful garden, deck, and two-level terrace with pool. Short walk to beaches and shopping. Bus service just three blocks away to campus or downtown. Pool and yardcare included. Lease and references required. \$1475/month to incoming faculty. Contact: Charles or Mary Anne Cooper at (619) 454-5470.

RENTAL WANTED

Radiologist doing fellowship wishes to rent three (or possibly two) BR condo/house in university area, unfurnished, from July 1 1993 to June 30, 1994. Price range \$1000 to \$1250. Call John or Amy Langlois. (619) 558-7244.

UREY ENDOWED FELLOWSHIP FUND

At the March 3rd meeting of the Oceanids Board, a report was given about the Fellowship Fund that is being set up to honor Frieda Daum Urey. The committee had decided that it would have pleased Frieda to have the recipients be graduate or professional school women who are reentering the academic world after a significant hiatus. As of this date, \$15,000 has been raised, and, happily, additional contributions continue to come in.

A fine opportunity has been offered by Marjorie Caserio, Vice Chancellor-Academic Affairs. She has set aside \$1 million of her valuable discretionary funds as a challenge grant to help the General Campus raise money for graduate fellowships. This challenge grant matches gifts on a one-for-one basis, with the stipulation that the gift must be for endowment, not current (expendable) gifts. Normally a minimum gift of \$50,000 is required, but Oceanids is being offered the privilege of this arrangement with a minimum gift of \$ 25,000.

The Board voted unanimously to take advantage of this fine opportunity. We will be launching a campaign to complete our pledge of \$25,000 for the Fellowship, and want to celebrate its completion on Frieda's birthday, February 24th, 1994. So the message is, if you have not yet made your contribution, right now would be a most appropriate time to do it. And if your name is already on the list of contributors, an additional contribution would be greatly appreciated.

Hearty thanks to all who have contributed.

Beth Spooner and Ellen Revelle.

New and/or additional contributions by:

- | | |
|-----------------------|------------------|
| ELIZABETH BARANGER | DOROTHY GOLDMAN |
| SHIRLEY LIEBERMANN | VELMA MALMBERG |
| MARGUERITE SARD | ESTELLE SHABETAI |
| BEATRICE SHULER | AUDREY SPIRO |
| BETH SPOONER | MAXINE WHITE |
| MARY ALICE UREY LOREY | |

Thank you!

We goofed: American English in Action's New Tutor Training will be Saturday, April 24, from 9:00 a.m. to 1:00 p.m. at the International Center lounge.

Our INTEREST GROUPS are very INTERESTING. Shouldn't you join one? After all, you need to "play" a little. Work life can be quite so weighty and unINTERESTING at times. This year we'll document individual groups to help you choose the one or two that best fit your life style.
 --Elbet Marshall--

Wine Tasting

This group is for those who seek serious acquaintance with wine.

You learn how to swirl wine around your mouth while your eyes scan a distant horizon.

Does it whisper to you of a diamond necklace splashing over a crimson sunset?

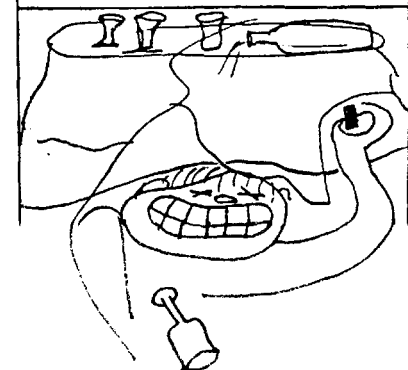
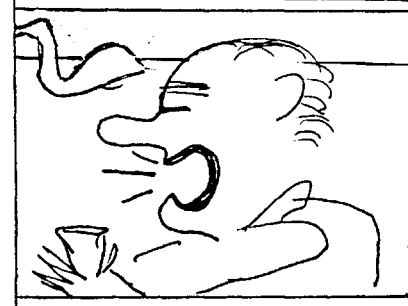
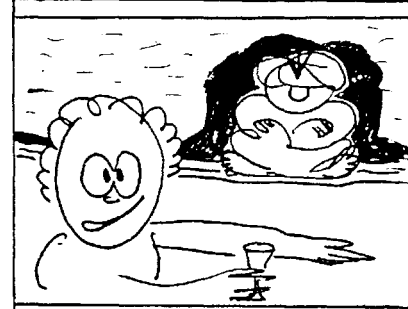
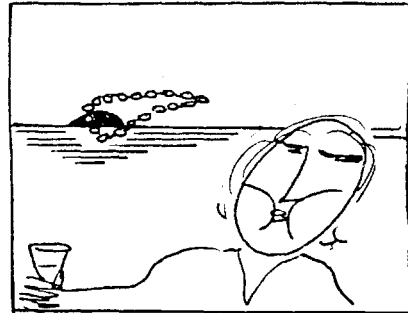
Learn how to hold your glass up against the light, all the while warming it with your sensitive palm.

Does it mumble of a prophet in a musty cave? Or a flute trilling over rippling water? Still water? Stagnant?

Allow the wine to trickle down your throat (never your chin). Can you gargle? Is this like a swan, a white swan beckoning his mate? Well, a muscle-weary stag slurping his fill?

Can you route it through your ears? Aha - a silent cat (tiger) stalking the misty sunrise. "Hold back that sneeze." I'm allergic to animal dander.

If you are one who has been discovered under a table, mumbling you were looking for the cork - forget it! This interest group is not for you.



TEDDY BEARS FOR SURGERY PATIENTS

The Alpha Phi San Diego Alumnae Chapter is launching its third year of "Operation: Teddy Bears", a charitable project in which the chapter provides huggable teddy bears to child and adult cardiothoracic surgery patients at UCSD Medical Center.

Patients recovering from open-chest surgery often need to cough to keep fluid from settling in their lungs. As they cough, patients hug the bears tightly to reduce discomfort and protect the surgical incision. In this way, the bears are used as a therapeutic tool.

Money to purchase the bears is raised through lollipop sales and other fund-raisers. To make a contribution to "Operation: Teddy Bears" or for more information, call Jacque Songer at 440-0078, or the UCSD Medical Center Development Office, Ext. 36499.

GARDEN AND ART TOUR OF UCLA

Pat Austin and Lila Butler have joined forces once again to put together one more memorable coach tour, this time to revisit our sister campus UCLA. An early morning departure on Wednesday, May 19, will get us to West L.A. in time to spend the cool morning at the lovely Hannah Carter Japanese Garden. This beautiful, tranquil garden was given to UCLA in 1965 by Regent Edward Carter and is open to visitors by appointment only. Located in the lovely residential area across Sunset Blvd. the drive will give you a chance to see some of the exclusive Bel Aire homes. Following this we will return to the UCLA campus for a leisurely lunch and tour of the Franklin D. Murphy Sculpture Garden. The idea and plans for the Sculpture Garden were created in the 1960's by then Chancellor Murphy and landscape architect Ralph Cornell. The vast collection includes works by Matisse, Hepworth, Calder, Rodin, Moore, and many other famous artists.

A short distance from the Sculpture Garden is the newest addition to the UCLA art collection, The Fowler Museum of Cultural History. Just opened in a new building, the Fowler contains permanent exhibits of textiles and cultural artifacts as well as changing special exhibits.

The coach will depart UCLA prior to 3:00 p.m. with an anticipated return time of 5:30 p.m. **Please see coupon on page 11 for reservation.**

SAVE THIS DATE !

The Oceanids Spring Luncheon is planned for **June 3rd** at the new Thornton Hospital Pavilion. The guest- speaker will be Elizabeth Barrett-Connor, M.D. More information in the next issue.

ITER UPDATE

Fifteen enthusiastic and well-trained volunteers from the UCSD and San Diego communities are ready to welcome new ITER families to San Diego. Included among these ITER Volunteers are Oceanids' members Pat Kampmann, Jean Lindsley, Rosemarie Lugmair and Madeline Rast. Others are Friends of the International Center, AEIA tutors, and community members. All have traveled extensively, and several have experienced relocation to another country themselves.

At the January 12th training program, ITER Volunteers heard presentations by Alma Coles, Georgina Sham, and JoAnn Wirth about the Oceanids Newcomers, the Friends of the International Center, and the American English in Action Program. Moira McGrain, director of administrative services at the ITER San Diego Co-Center, described the organization of the project. Volunteers viewed and discussed a new video "Living in America" (now available at the UCSD ITER office), and participated in cultural exercises adapted from recent NAFSA conference materials. A new information packet directed specifically to the needs of ITER participants and their families was provided, and Volunteers were offered a guided tour of the ITER site on North Torrey Pines Road.

Special guests at the Volunteer training were Monique Rebut, Nila Shimomura and Ludmilla Maksimaldo, wives of the director and two deputy directors. Having themselves recently relocated to San Diego for the ITER project, their expertise and first hand experience were especially important.

To date, the ITER office has "checked in" nine scientists, including most recently the first American participant, Fred Puhn, who has relocated all the way from General Atomics! Five others, two from Japan, two from Russia, and one from Italy, are expected sometime in the next two months.

On behalf of the ITER project and the San Diego Co-Center staff, I want to express our deep appreciation for the wonderful way families are being welcomed by the UCSD and International Center community.

Carol V. Smith, Foreign Scholar Advisor, ITER

INTEREST GROUPS CALENDAR

All Interest Groups are invited to use the Oceanids Pavilion for meetings. New groups may be formed if five or more Oceanids are interested.

Call interest group coordinator Jean Kramer, 453-0379.

ANTIQUÉ OUTING -Ch. Beth Spooner, 755-2322. No meeting in April (Beth will be away). She will try again in May, although they may drop it as it hasn't drawn too many participants.

AVI-SET/BIRD WATCHING - Meets the 4th Monday of the month. Call Lou Bowles, 755-7102, Ginette Launay, 453-4663, or Teresa Lein, 453-4785.

BOOK GROUP - Co-ch Isabel Voss 488-2067 and Yvonne Pasternak 459-1062. Will meet Tuesday, April 13, at 9:30 a.m. at the home of Yvonne Pasternak, 7632 Via Capri, La Jolla. Tel: 459-1062. The book to be discussed will be "Palace Walk" by Naguip Mahfouz.

BRIDGE GROUP - DAY - Co-ch Rochelle Rosen, 457-2277, and Isabel Wheeler, 459-7461. Meets the first and third Tuesday at 10:30 a.m. Bring a bag lunch; anyone interested, please call a chairperson.

BRIDGE FOR COUPLES- EVENING - Ch. Barbara Bank, 484-4597. Meets 4th Friday of the month at 8 p.m. Call Barbara for information.

CAFE FRANÇAIS - Co-Ch. Pat Stone 454-5949 and Andree Adams 459-9037. La prochaine reunion aura lieu le mardi avril 27, a 10 heures, chez Helene Baouendi, 4790 Tarantella Ln., Del Mar Heights, phone 841-5978. Tout ceux qui parlent francais sont les bienvenus.

GARDENING - Ch. Laura Norris, 272-3299. Meet at 9:00 a.m. Wednesday, April 28, in La Jolla Village Square parking lot. We will visit an herb garden, another nursery and my favorite clothing store in Fallbrook and will have lunch there too. Call Laura if you wish to come.

HEALTH WALKERS - Ch. Sallye Krause, 755-6162. We will meet every Tuesday at 9 a.m. to walk near Torrey Pines Golf Course. All ages, all levels of walkers are welcome. For information call Sallye.

KITCHEN/BABY FURNITURE EXCHANGE - Rents kitchen equipment and baby things to short-term visitors to UCSD. Open at the International Center Wednesday mornings, 10:30-12, or call Maryruth Cox, 755-4007; Louise Keeling, 755-7121; Liz Fong Wills, 454-6858, Ilse Warschawski, 453-2479, Elisabeth Marti, 755-1408, or Tzu-mei Yip, 755-6387.

LA JOLLA RENAISSANCE SINGERS Rehearse 4-8 part Renaissance/Baroque music every Wednesday from 8 to 10 p.m. Potential new

members welcome, especially men. Call Connie Mullin, 454-6871, for information.

MOVEABLE FEAST - Chair Liz Fong Wills, 454-6858. We will go to a Thai restaurant in Del Mar called "Spices" on April 9th. Call Liz by April 5th if you are interested.

PEOPLE-TO-PEOPLE - Chair: Carole Ziegler, 297-0798. Will meet Monday, April 12 at 12:30 p.m. in the Pavilion. The speaker will be Dr. Marid Rognerude, MD. Subject: "The Health Care System of Norway".

STAMP COLLECTING - Betty Shor, 453-0334. Call Betty if you have any stamps to exchange or to give to the group.

WALKING AND HIKING IN SAN DIEGO COUNTY - Co-ch Anna Maria Buonassisi, 453-2296 and Rosemarie Lugmair 454-4573. Meets this time only, the first Saturday of the month (depending upon weather) at Nobel Drive. Bring water and lunch. Friends and family are welcome. **Please call one of the chairpersons in advance.**

WEDNESDAY COFFEES - Ch. Emily Stowell, 481-7938. Meets Wednesday mornings from 10-12 at the International Center. Children are welcome! So are Oldtimers!

WINE TASTING - Chair Betty Shor, 453-0334. Meets the third Friday of the month. Call at least a week in advance if you are interested.

WITS - Ch. Pat Kampmann. Meets the second Monday of the month. Send your name to Pat, 8448 La Jolla Shores Dr., La Jolla, CA 92037, if you want to be on the waiting list for this stock investment company.

A PARTY!!!

You are invited to help celebrate (or commiserate) with **Alma Coles** on her 50th birthday! Join us for an Indian dinner at the International Center

April 10, 1993, 6: 00 p.m.

After dinner and a short humorous period for digestion, folk dancing will be taught by Lu and Georgina Sham.

The charge of \$15 per person will cover the cost of the Indian dinner (samosa appetizer, chicken tandoori, vegetable curry, riata, rice, nam, and bread catered by K.C. Tandoori), drinks, birthday cake and a gift to the International Center in Alma's name. Your check should be made out to Liz Fong Wills and should be sent **immediately** to Friends of the International Center, 0018, UCSD, La Jolla, Ca 92093-0018.

Call Liz at 454-6858 if you have questions. If you have any anecdotes or reminiscences to share, please call Pat Kampmann at 454-1856.

UCSD CALENDAR

APRIL 1993

At the time of publication information about many of the performances was incomplete. For further information call phone number listed. Parking permits are required for all events; at night parking is \$3.

ART GALLERIES

GROVE GALLERY

To Apr. 17 "Ceramic Figures of Ocumicho",
Japanese and American-Japanese
Ceramics, 534-2021

MANDEVILLE GALLERY

To Apr. 25 "Ceramic Variations: Three
Installations"; 534-2864/0419

BOOKSTORE

More in May

CRAFTS CENTER

More in May.

DANCE

More in May

FILMS

MANDEVILLE AUDITORIUM

April 6 "Anna Goldin--The Last Witch" 8 p.m. 534-4090.

April 13 "The Nun and the Bandit" 8 p.m. 534-4090.

April 20 "Elenya" and "Shifting Lenin" 8 p.m. 534-4090.

April 27 "Shanghai 1920" 8 p.m. 534-4090.

PRICE CENTER THEATER

Times: 6:30, 9:00, and 11:30 p.m., \$2, call
534-5259 unless stated otherwise

SOLIS HALL 534-4873

LECTURES/SEMINARS

April 12 "Prospects for Extending the Good Part
of the Human Lifespan". Seminar Series
on Aging, 5:15 p.m. Lecture Rm., Dept.
Molecular Genetics, School of Medicine.
Info: 534-6299.

LIBRARY

More in May

MUSIC

April 3 Peabody Trio, works by Mozart,
Copeland-Vitebsk, Brahms. 8 p.m.,
Mandeville Auditorium, gen adm.: \$18;
info: 534-4090.

April 4 Contrabass Recital, Milto Masciadri, guest
soloist. 8 p.m. Erickson Hall, Mandev.Cent.
FREE Info: 534-5404.

April 16, Piano Recital by Daniel Koppelman.
8 p.m. Erickson Hall, Mandev. Cent. FREE
Info: 534-5404.

April 18, Piano Recital by Cecil Lytle. 3 p.m.
Recital Hall, Mandev. Cent. Gen. Adm. \$7,
Info: 534-5404.

April 18, Honors Recital by Masako Ishikawa,
piano. Recital Hall, Mandev.Cent. FREE
Info: 534-5404.

April 23, Honors Recital by Eunjoo Lee, cello.
Recital Hall, Mandev.Cent. FREE. Info:
534-5404.

April 24, Emerson String Quartet, works by
Beethoven, Webern, Bartok, Dvorak.
8 p.m. Mandeville Auditorium. Gen. adm.
\$18; info: 534-4090.

April 29, Faculty Recital by Flutist John Fonville
and Colleagues, 8 p.m. Recital Hall,
Mandev.Cent. Gen. adm. \$7. Info: 534-
5404.

POETRY

More in May

SPECIAL EVENTS

April 11, Easter Breakfast Buffet at the FACULTY
CLUB, call for more information 534-
0876.

April 13, Women and Money in the 90s,
sponsored by UCSD Women's Caucus.
12:00 to 1 p.m. Gallery A. Info: 534-6708 or
534-4340.

April 13, School of Medicine Assoc. (SOMA) event
at the Faculty Club, Muir College at 6 p.m.
Dinner/Lecture. Info: 534-1503.

April 17, Health Lecture Day, 9 a.m. Information
in this Bear Facts.

STEPHEN BIRCH AQUARIUM- MUSEUM

April 3, "Coronado Islands Cruise". 8 a.m. to
5 p.m. A nine-hour marine mammal
sighting tour. Naturalist-narrated cruise
into Mexican waters, call 224-7767 ask for
the "Scripps Coronados Cruise", \$45.

April 25, Introduction to Fish and Nature
Printing, 1 to 4 p.m. with Nancy Pollak.
Shapes and textures of fish, seaweed,
shells on clothing, linen, stationary.
Materials provided. Classroom/lab. Fee:
members \$30, non-m. \$35. Bring items
you want to decorate. Reservations. 534-
7523

THEATER

April 15 and 16 Reduced Shakespeare Co.,
Mandeville Auditorium, 8 p.m. Gen. Adm.:
\$15 each. Info: 534-4090.

April 28 through May 2, "Outside Down", by
third-year grad. stud. Stuart Ostfeld about
a young man's search for the truth behind
the death of his older brother, 8p.m.
Mandelle Weiss Forum, Revelle College.
Gen Adm.: \$12, info: 534-4574.

TOURS

More in May

RESERVATION FORM FOR UCLA GARDEN / ART TOUR

Wednesday, May 19, 1993

\$25.00 per person includes transportation and deluxe lunch box. As we have only reserved one bus, we will give priority to Oceanids and Newcomers. If you wish to bring a spouse or guest, please indicate on the reservation form. For information please call: Jean Lindsley at 453-4043. Please fill out the information below and send it along with your check and a **self-addressed, stamped envelope** for confirmation and directions to assembly areas. If warranted, we will make a north county stop.

Name----- Phone No.-----

Would you like to be contacted if there is space available for a guest?-----

Mail completed form to: Pat Austin, 952 Amiford Drive, San Diego, CA 92107

VOLUNTEERS NEEDED FOR MEDICAL STUDIES

DEPRESSION

Do you feel sad or blue, sleep too much, have an increased appetite or weight gain, feel tired most of the time? Free medication, physical exams, lab. tests and weekly visits. 497-6648.

MENOPAUSE

Healthy women of European descent between the ages of 21 and 65 who have undergone a hysterectomy, including the removal of the ovaries, for a two-year study of an investigational drug for menopause symptoms. Free medication and health monitoring.

534-7150 or 534-7348

WOMEN AND HEART DISEASE

Postmenopausal women age 75 and younger with documented evidence of coronary heart disease for study to determine if estrogen replacement therapy helps prevent further heart disease. Volunteers must not have taken hormone replacement therapy for one year, but may be smokers, have elevated LDL cholesterol, controlled diabetes or hypertension, have not had a hysterectomy, but may have had their ovaries removed. UCSD School of Medicine, 534-8060

PMS

Healthy women between the ages of 24 and 45, not taking medications including birth control pills, who suffer from PMS. Four-month study with free medical examinations and PMS treatment. 294-6242

COGNITIVE DISORDERS ASSOCIATED WITH HIV

HIV-positive men and women between the ages of 18 and 60 for a study to test peptide-T, an experimental medication that may prevent further HIV-related deterioration of the central nervous system functions such as memory, attention, concentration and speed of thinking. Free medication, physical examinations, laboratory tests and visits. Confidential.

Pam Pettee, 543-4730

A WEEKLY TREAT

On April 23 Oceanids will sponsor the **International Cafe** at the International Center.

The International Cafe began thirteen years ago at the suggestion of Phyllis Clark who was then the Director of the International Center. Ms. Clark had been reading an education journal article about the Emory University program. There foreign scholars and students met American scholars and students informally once a week at an inexpensive luncheon. "Let's try it!", Ms. Clark proclaimed to Dorothy Edwards, who was then a volunteer at the center. Dorothy was hired as the first paid professional to run the program. The first lunches were 50 cents and fed between 50 and 100 students and scholars. The Presbyterian Church of La Jolla was the first sponsor with the ladies from the church doing the cooking, serving, and underwriting the costs. Various service organizations have since sponsored the Cafe.

Today Mary Dhooge is the Director of the Center, and Jane Reeder is the paid professional responsible for overseeing the International Cafe. The Cafes are still held on Friday 30 times a year. They still provide a social environment where foreign scholars and students from all over the world can meet American scholars and students. A third of the attendees are American students and the rest come from all parts of the world. Now the meal costs the participants \$2.50. The sponsors underwrite part of the cost and provide personnel to help with the cooking and serving of the lunch. The program is totally self-supporting. Each lunch consists of a salad, main dish, and dessert. The luncheon attendance has grown from the original 50 to between 100 and 200.

If you can help on April 23rd when Oceanids does the Cafe, please contact Barbara Starkey, 453-0779. It is a good chance to participate in an Oceanids activity on Campus and to meet some students and scholars. Your assistance is appreciated.

Barbara Starkey

U.C.S.D.
 Oceanids, International Center
 9500 Gilman Drive
 La Jolla, CA 92093-0049

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**BEAR FACTS
 APRIL 1993**

PLEASE DELIVER PROMPTLY - DATED MATERIAL!

APRIL 1993

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Board Meeting	2 Int. Cafe	3 Walking + Hiking
4	5	6 Health Walk. Bridge Group	7 Wed. Coffee L.J.Ren. Sing.	8	9 Int. Cafe Moveable Feast	10 Alma's birthday party
11	12 WITS People to People	13 Health Walk . Book Group	14 Wed. Coffee L.J.Ren. Sing.	15	16 Int.Cafe Wine Tasting	17 HEALTH LECTURE DAY
18	19	20 Health Walk. Bridge Group	21 Wed. Coffee L.J. Ren.Sing	22	23 Int. Cafe (Oceanids' sponsored) Eve. Bridge	24 Am. Eng. in Action Tutor Training
25	26 AVI SET B.F. Staff	27 Health Walk Cafe Francais	28 Wed. Coffee Garden Group L.J. Ren. Sing	29	30	

Bear Facts

Month: April

Year: 1993



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